

CURRICULUM VITAE



Dr. N. KODEESWARAN

ASSISTANT PROFESSOR

Sri Ramakrishna Mission Vidyalaya
Maruthi College of Physical Education
Coimbatore-641020

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OBJECTIVES

To contribute my expertise in teaching, research, and sports sciences to achieve academic excellence and institutional growth.

RESEARCHER ID:

Scopus ID No: **60109673600**

ORCID No: **0009-0005-1780-5088**

Google Scholar Id: **Kodeeswaran Nagarajan**

EDUCATIONAL QUALIFICATION

Course	Institution	Year of Passing	Percentage
Ph.D in Physical Education (Full Time)	Bharathiar University Coimbatore	2019-2024	Awarded (Highly Commanded)
M.P.Ed	Bharathiar University Coimbatore	2017-2019	73.00%
B.PED	Bharathiar University Coimbatore	2015-2017	72.00%
PG. Dip. in Fitness Management	Bharathiar University Coimbatore	2016-2017	71.00%
PG. Dip in Yoga	Bharathiar University Coimbatore	2015-2016	70.00%

B.SC {Physical Education Health Education and Sports}	Ayya Nadar Janaki Ammal College, Sivakasi	2012-2015	83.00% With Gold Medalist
D.TED	Palayam Patti Teacher Training, Palayampatti	2010-2012	76.00%
HSC	KVS Higher Secondary School Virudhunagar	2008-2010	84.00%
SSLC	KVS Higher Secondary School Virudhunagar	2008	74.00%

ONLINE COURSE COMPLETED

Course	Organization/ Institution	Year of Passing	Percentage
Sports Administration and Management	Study Webs of Active-Learning for Young Aspiring Minds (SWAYAM)	2025, January	62/100
Educational Psychology	Study Webs of Active-Learning for Young Aspiring Minds (SWAYAM)	2025, December	60/100

MEDALS AND HONORS RECEIVED

Gold Medalist in B.Sc, Physical Education, Health Education and Sports during the year 2012-2015 at Ayya Nadar Janaki Ammal College, Sivakasi.

EDITORIAL BOARD MEMBER

-  Editorial Board - Medicon Agriculture & Environmental Sciences Journal.
-  Reviewer Board - International Journal of Creative Research Thoughts.

RESEARCH WORKS

Ph.D (2019-2024)

“DESIGN AND DEVELOPMENT OF POSITION WISE SPECIFIC SKILL TRAINING AND IMPACTS OF PHYSICAL, FUNCTIONAL AND PERFORMANCE VARIABLES AMONG FOOTBALL PLAYERS”

M.P.Ed (2017-2019)

“COMPARATIVE STUDY ON SELECTED PHYSICAL FITNESS VARIABLES OF FOOTBALL REFEREES AND PLAYERS”

AREA OF SPECIALIZATION

 Football

EXTRA CURRICULAR ACTIVITIES

 Silambam

 Aerobics

 Yoga

 Gymnastics

 NCC(NATIONAL CADET CORPS)

ADDITIONAL QUALIFICATION

 Tamil Nadu Football Association Qualified Referee

 Handball State Level Referee

 Athletics Qualified in State Level Technical Referee.

CO- CURRICULAR ACTIVITIES

 Co-Coordinator of BPED leadership Training camp conducted by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education during the year 2024-2026.

 Participated NSS camp conducted by Bharathiar University during the year 2018-2019.

 Participated leadership Special camp conducted by Bharathiar University during the year 2016-2017.

 Participated the National Cadet Corps Camp conducted by Virudhunagar during 12days 2008.

WORKING EXPERIENCE

- ✚ Working as **Assistant Professor in SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION**, Coimbatore during the year of 02.09.2024 to till date.
- ✚ **AATHIRA SUPER GYM** Working as Personal Trainer and Silambam Coach during the year of 2019 to 2024.
- ✚ **PRIDE FOOTBALL ACADAMY** Working as Assistant Coach during the One month of 2019.
- ✚ **MASTER KIDS SPORTS ACADMY** Working as Football and Silambam Coach during the Six Month of 2019.
- ✚ **S.V.NAGAR VIDHYALAYA SCHOOL** Working as PART-TIME PHYSICAL EDUCATION TEACHER during the 6 MONTHS OF 2018.
- ✚ **NSS (NATIONAL SPORTS SCHOOL)** Working as Badminton Coach during the One Year of 2017.

SPORTS ACHIEVEMENT

- ✚ Participated at South India Inter Colligate Football Tournament Secured as Forth place in 23rd Karunaya Evangiline Memorial Tournament during the year of 2017.
- ✚ Participated Open State Level Inter University Football Tournament held at Arulanandar College secured as Fourth Place (2015).
- ✚ Participated at Open State level Silambam Tournament Secured at First Place in open Category – 2023.
- ✚ Participated at State level football tournament- represented by Virudhunagar district (2008-2010) two years.
- ✚ Participated at Republic Day Sports and Games Divisional Level Football Tournament Secured as Winner Place on 2008.
- ✚ Participated at Madurai Kamaraj university zone football tournament secured as winner (2014-2015).
- ✚ Participated at Madurai Kamaraj University champion college football tournament secured at Fourth place (2014-2015).
- ✚ Participated at Madurai Kamaraj university zone football runner (2012-2014)
- ✚ Participated at Bharathiar university zone football winner (2017-2018).
- ✚ Participated at Bharathiar university inter-zone collegiate football tournament secured

at fourth place (2017-2018)

- ✚ Participated at Bharathiar university zone football secured at Fourth Place (2015-2017).
- ✚ Participated at Virudhunagar District Yogasana Competition Secured as C Grade on 2005.

BOOK PUBLISHED

- ✚ Book Titled “**Football Excellence: Position- Based Drills**” of Published Book Entitled “**United Life Publication**” (Volume-5) ISBN 978-93-94938-90-8 (November, 2024).
- ✚ Course Work Material Preparing in Bachelor of Physical Education (BPES) Syllabus Titled “**Education Psychology and Sports Journalism**” Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore.
- ✚ Course Work Material Preparing in Bachelor of Physical Education (BPES) Syllabus Titled “**Adapted Physical Education**” Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore.
- ✚ Course Work Material Preparing in Bachelor of Physical Education (BPES) Syllabus Titled “**Sports Management**” Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore.
- ✚ Course Work Material Preparing in Bachelor of Physical Education (BPES) Syllabus Titled “**Methods in Physical Education**” Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore.

BOOK IN CHAPTERS

- ✚ Book Chapter Titled “**Sports Technologies in Basketball**” of AKINIK Published Publication “**Research Trends in Multidisciplinary Research**” (Volume-5) ISBN 978-93-5570-708-6 (2023).
- ✚ Book Chapter Titled “**Developing Integrity and Discipline Through the Holistic Art of Silambam**” of VYOM HANS Published Publication “**Decolonising the Digital Classroom: Equity, Cultural Agency and Access in Tech- Integrated Ecosystems**” (Volume-5) ISBN 978-81-992652-3-3 (05.11.2025).

JOURNALS PUBLICATION

1. International Journal online **“Effect of SAQ Training on Selected Skill related Physical Fitness Variables of Kho Kho Players”** International Journal of Physical Education, Exercises and Sports, ISSN: 2664-9896, Vol-08, Issue-02, Page No-40-43, Impact Factor-RJIF-8, April,2026.
2. Medicon Journal (Open Access) **“Lifestyle Based Fitness and Wellness: Approaches in the Control of Diabetes Mellitus: A Narrative Review”** Open Access Medicon Agriculture & Environmental Sciences Journal, (Online) ISSN: 2972-2691, Vol-10, Issue-2, March, 2026.
3. International Journal online **“Effect of Resistance Training using Ankle Weights on Explosive Leg Power of Football Players”** International Journal of Yoga, Physiotherapy and Physical Education, ISSN: 2456-5067, Vol-11, Issue-01, Page No-48-50, Feb,2026.
4. SCOPUS Q1 and Indexed Journal Paper title on **“Impact of Core Muscle Training and Submaximal Aerobic Training on Bio Motor Abilities in College Men”** Journal of Physical Education, ISSN Number- 2448-2455, Vol: 36 No 1 (2025), 16.09.2025. DOI: <https://doi.org/10.4025/jphyseduc.v36i1.3651>
5. Scopus Q2–Indexed Journal **“Effectiveness of 12-Week Inclusive Physical Activity Program on Health-Related Variable Among Children With Disabilities”** Journal of Carcinogenesis, ISSN: 0974-6773, 1477-3163, Vol-I, No. 3s, 2025, Page No – 714-727, August 2025.
6. SCOPUS Paper IES Q4 Journal **”Physical and Functional Effects of Skill – Specific training Regimens in Youth Football training Programme”** International Journal of Environmental Science, ISSN: 2229-7359, Vol I, No. 3s, 2025, Page No – 714-727, June 2025.
7. UGC Approved Journal **“Physiological Responses to Continuous Low-Intensity Cardio Training of Kho-Kho Players”** Shodhasamhita : Journal of Fundamental & Comparative Research (Printed Journal) ISSN: 2277-7067, Vol. XI, Issue-I, Book No.02, June: 2025.

8. UGC Approved Journal **“Performance Effects of 12weeks Cycle Training In Footballers”** Shodhasamhita : Journal of Fundamental & Comparative Research (Printed Journal) ISSN: 2277-7067, Vol. XI, Issue-I, Book No.01, March: 2025.
9. International Journal online **“Effectiveness of Traditional Martial Art Silambam Combined with Indigenous Activities on Motor Fitness in School Children”** International Journal of Innovative Research in Technology (IJIRT 189326) ISSN: 2349-6002, Vol-12, Issue-07, Page No-5306, Dec,2025.
10. Medicon Journal (Open Access) **“Influence of Endurance Based Skill Training on Selected Skill Performance Variables of Kho-Kho Players”** Open Access Medicon Agriculture & Environmental Sciences Journal, (Online) ISSN: 2972-2691, Vol-9, Issue-6, December, 2025.
11. Medicon Journal (Open Access) **“Metabolic-Based Sport-Specific Training and its Impact on Physiological Variables in School-Aged Football Athletes”** Open Access Medicon Agriculture & Environmental Sciences Journal, (Online) ISSN: 2972-2691, Vol-9, Issue-6, December, 2025.
12. UGC and ISSN Approved International Open Access online Journal **“Influence of Surya Namaskar and Step Aerobic Dance Training on Cardio-Respiratory Endurance and Flexibility in IT Professionals”** International Journal of Research And Innovation in Social Science (IJRISS) ISSN- 2454-6186, Vol-09, Issue-09, 16.10.2025. DOI: : <https://dx.doi.org/10.47772/IJRISS.2025.909000507>
13. UGC and ISSN Approved International Open Access **“Effect of Lezium Exercises on Selected Health Related Physical Fitness Variables of School Boys”** International Journal of Research and Analytical Reviews (IJRAR) E- ISSN- 2348-1269, Vol-12, Issue-2, Impact Factor: 7.17, April 2025.
14. Saudi Journal (Open Access) **“Impacts of Pressure Training Intervention with Yogic Practices on Ability of Kicking and Self-Confidence among Football Players”** Open Access Journal of Advance in Sports and Physical Education, (Online) ISSN- 2601-3905, Vol-5, Issue-10, 2022.
15. International Journal **“Effect of Position Wise Specific Skill Training on Physical and Functional Variables of Football Players”** EPRA International Journal of

Multidisciplinary Research (IJMR) ISSN- 2455 3662, Vol-10, Issue-4, Impact Factor: 8.75, April 2024.

16. International Journal **“Skill Performance Response to the Influence of Position wise Specific Skill Training among School Level Football Players”** International Journal of Physical Education, Sports and Health ISSN- 2394-1685, Impact Factor- 5.38, Vol-11, Issue-1, Feb-2024.
17. International Journal **“Position wise Specific Skill Training (Midfielder and Defender) on Physical Functional and Performance Variables of Football Players- A Pilot study”** International Journal of Research Publications and Reviews ISSN- 2582-7421, Vol-3, Issue-9, March 2023.
18. International Journal **“Design and Development of Forwards wise Specific Skill Training on Physical Functional and Performance Variables of Football Players- A Pilot study”** EPRA International Journal of Research and Development ISSN- 2455 7838, Vol-1, Issue-9, Impact Factor: 8.75, February 2023.
19. International Journal **“Effect of Continuous Brisk Walking after Yogic Practices on Functional variables of Working Women”** International Journal of Research and Special Education, ISSN- 2710-3862 , Vol-3, Issue-1, February 2023.
20. International Journal **“Comparative Study on Selected Physical Fitness Variables of Football Referees and Players”** International Journal of Research and Special Education, ISSN- 2710-3862, Vol-3, Issue-1, February 2023.
21. International Journal **“Loop Band With Ladder Training – An Experimental Study”** International Journal of Research and Special Education, ISSN- 2710-3862, Vol-3, Issue-1, February 2023.
22. International Journal **“Isometric Training protocols: Exploring Variables Periodization and Training Recommendation”** International Journal of Research Publications and Reviews ISSN- 2582-7421, Vol-3, Issue-9, May 2023.
23. International Journal **“Physical and Physiological Response to the Influence of Game Specific Filed Training with mental Strategy of Footballers”** International Journal of Research Publications and Reviews ISSN- 2582-7421, Vol-3, Issue-9, May 2023.

24. International Journal **“Enhancing Balance and Coordination among Hearing Impairment School Students through- Psycho Motor Training”** International Journal of Speech and Audiology, ISSN- 2710-3846, Vol-4, Issue-1, 2023.
25. International Journal **“Enhancing Vital Capacity and Resting Pulse rate among Hearing Impairment School Students through brisk Walking With Pranayama”** International Journal of Childhood and Development Disorders, ISSN- 2710-3943, Vol-4, Issue-1, 2023.
26. International Journal **“A Moving Meditation of Silambam – A Short View”** International Journal of Advance Research and Innovative Ideas In Education, ISSN- 2395-4396, Vol-7, Issue-3, 2021.
27. International Journal **“Abdominal Strength As A Result of Core Exercise”** International Journal of Research Publications and Reviews, ISSN- 2395-4396, Vol-7, Issue-3, 2021.
28. International Journal **“Effect of Aerobic Dance Training on Body Composition and Cardio Respiratory Endurance among Obese”** International Journal of Human Movement and Sports Sciences, ISSN- 2456-4419, Impact Factor- 5.18, Vol-6, Issue-1, 2021.
29. International Journal **“Footballer’s Corporeal Capability As A Result Of Aqua Aerobic Exercises: An Experimental Study”** International Research Journal of Modernization in Engineering Technology and Science, ISSN- 2582-5208, Impact Factor- 6.75, Vol-4, Issue-2, 2022.
30. Bharathiar National Journal **“Comparative study on flexibility and balance between dancer and non-dancer boys”** Bharathiar National Journal of Physical Education and Exercise Sciences, ISSN- 0976- 3678, Vol-12, Issue-1, 2021.
31. International Journal **“Physiological reaction to the persuade of yogic practice on disabilities”** International Journal of Research and Special Education, ISSN- 2710-3862, Vol-1, Issue-1, February 2021.
32. International Journal **“Self Confidence Response to the Influence of Yoga Practice on School Children with Disabilities”** International Research Journal of

Modernization in Engineering Technology and Science, ISSN- 2582-5208, Impact Factor- 6.75, Vol-4, Issue-2, January- 2022.

33. International Journal **“Influences on Reaction Time and Agility Response To Shadow Training among Tennis Players”** EPRA International Journal of Multidisciplinary Research (IJMR) ISSN- 2455-3062, Impact Factor- 8.04, Vol-7, Issue-5, May- 2021.
34. International Journal **“Functional Response to the Purpose of Silambam Practice after Yogic Practice”** International Journal of Physical Education, Sports and Health ISSN- 2394-1693, Impact Factor- 5.38, Vol-8, Issue-6, May- 2021.
35. International Journal **“Impacts of Plyometric Training on Selected Motor Fitness Variables among Handball Players”** EPRA International Journal of Multidisciplinary Research (IJMR) ISSN- 2455-3662, Impact Factor- 8.20, Vol-8, Issue-5, May- 2022.
36. International Journal **“Comparative Study on Selected Physical Fitness Variables Between Basketball and Football referees”** International Journal of Physical Education, Sports and Health ISSN- 2394-1693, Impact Factor- 5.38, Vol-8, Issue-6, May- 2021.
37. Bharathiar National Journal **“Comparison of Skeletal Breadth and Skin Fold Measurements between Sports Person and Non- Sports Persons”** Bharathiar National Journal of Physical Education and Exercise Sciences, ISSN- 0976- 3678, Vol-11, Issue-1, 2020.
38. International Journal **“Influences on Reaction Time and Agility Response To Shadow Training among Cricket Players”** International Journal of Advance Research and Innovative Ideas In Education, ISSN- 2395-4396, Vol-7, Issue-4, 2021.
39. International Journal **“Medicine Ball With Resistance band Exercises- An Experimental Study ”** EPRA International Journal of Multidisciplinary Research (IJMR) ISSN- 2455-3662, Impact Factor- 8.20, Vol-7, Issue-5, May- 2022.
40. International Journal **“Part of Yoga for Stress Management and Healthy Living: A Short View”** International Journal of Advance Research and Innovative Ideas In Education, ISSN- 2395-4396, Vol-7, Issue-3, 2021.

41. National Journal **“Physical Fitness Response to the Influence of Silambam Practice after Suryanamaskar Practice of School Boys”** Journal of Physical Education and Training Methods, Vol (1), 1,2021.
42. Bharathiar National Journal **“Influence of Silambam Practices after Yogic Practices on Selected Physical Fitness Variables of College Students”** Bharathiar National Journal of Physical Education and Exercise Sciences, ISSN- 0976- 3678, Vol-11, Issue-3, 2020.
43. Bharathiar National Journal **“Assessment on Flexibility among Teaching Staffs of Bharathiar University and Influence of Selected Yogic Practice on Them”** Bharathiar National Journal of Physical Education and Exercise Sciences, ISSN- 0976- 3678, Vol-10, Issue-3, 2019.
44. International Journal **“Tracking Immediate Physiological Changes Pre-Post Small Sided Soccer Play”** International Journal of Multidisciplinary Research and Modern Education (IJMRME), ISSN-2454-6119, Vol-7, Issue-1, 2021.
45. International Journal **“Volleyball Players' Skill Output in Response To Plyometric Training”** EPRA International Journal of Multidisciplinary Research (IJMR) ISSN- 2455-3662, Impact Factor- 8.03, Vol-6, Issue-5, May- 2021.

SEMINAR/ WORKSHOP/CONFERENCE/ ATTENDED

1. Presented a Paper titled **“Impact of Traditional Martial Arts Practice on Selected Functional Variables of College Women”** at the **National Conference on Fit Citizen, Fit Nation: Addressing Health Challenges and exploring strategies of Participation in Physical Activities and Sports in the Tech-Driven World 2025** organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education on 21.08.2025 to 22.08.2025.
2. Participated in the One Day State Level Workshop on **INTERPRETATION OF LATEST RULES AND REGULATIONS IN ATHLETICS** organized by Tamil Nadu State Council for Science and Technology, Chennai on 21.07.2025.
3. Presented a Paper titled **“Impact Of Integrated Yogic And Zumba Intervention On Physical Health Parameters In Female Students Diagnosed With Type-I Obesity”** at

the **International Conference on Neuro- Well Being Through Yogic Science 2025** organized by Manushi Institute of Yoga on 29.06. 2025.

4. Presented a Paper titled “***Cognitive Behavioral Therapy And Physical Exercise: A Combined Approach In An Experimental Study***” at the **International Conference on recent development in Sports Technology and Sports management- 2025** organized by Department of Physical Education, Arul Anadar College, karumatthur, Madurai on 25th & 26th March 2025.
5. Presented a paper titled “***Silambam As a Holistic Performance for Promoting Integrity and Discipline*** ” at the **National Seminar on “Physical Education and Sports for Promoting Integrity Ethics and Performance”** organized by Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education, Coimbatore, during 20th & 21th February 2025.
6. Presented a paper titled “***Exploring the Influence of Aerobic Training Intensity on Biochemical Variables of Middle Aged Women***” at the **National Seminar on Yogic Approaches to Salutogenesis** held on 15th February 2025 organized by Centre for Yoga, SRM Institute of Science and Technology, CET, Kattankulathur, Tamil Nadu.
7. Presented a Paper titled “***Enhancing of Functional Variables in College Women through Functional Fitness Training***” at the **International Conference on Sports Science: Trends, challenges and Innovations- TCI 2025** organized by Department of Physical Education, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore on 10th & 11th February 2025.
8. Presented a paper titled “***Functional Improvements in College Women through Integrated Yogic and Cross Fit Training***” at the **National Conference on Emerging Trends in Sports Science for Enhancing Sports Performances**, organized by Sri Ramakrishna Mission Vidyalaya College of Arts and Science on 5th February 2025.
9. Presented a Paper titled “***Consequences of Yogic Practice with Step Aerobics on Physiological Parameters of College Women***” in **International Conference on Practical Wisdom of Yogic Science: Applications in Health, Education and Research** organized by Department of Physical Education , Bharathiar University, Coimbatore From 26th & 27th September 2024.

10. Participated in the One Day National Level Workshop on ***Strengthening and Functional Training for Sports*** organized by Madurai Kamaraj University, **G.T.N College of Arts and Science**, Department of Physical Education in association with KH3 Wellness Centre, Kanchepuram on 17.08.2024.
11. Participated in Intrinsic Yoga Wellness Programme on “***Effect of Yoga Practices on Hormones and Stress Factors***” organized by Madurai Kamaraj University, **G.T.N Medical College of Naturopathy and Yogic Science**, Dindigul from 01.12.2023 to 23.01.2024.
12. Presented a Paper titled “***Effect of Cluster training with Yogic Practices on Selected Strength and Physiological Variables of Men Handball Players***” in **International Conference in Physical Education and Yoga** organized by G.T.N. Arts and Science College, Dindigul From 27th & 28th March 2024.
13. Presented a Paper titled “***Effect of Cluster training with Resistance Exercise on Muscular Strength Endurance of Men Handball Players***” in **National Seminar on theme: Breaking Boundaries in Sports Science: Advancing Research Applications for performance Optimization** organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore From 28th & 29th February 2024.
14. Presented a Paper titled “***Effect of Silambam after Indigenous Activities on Grip Strength of School Boys***” in **National Seminar on theme: Revitalizing Indigenous Physical Activities for the Empowerment and Well-being of young India** organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore From 23rd & 24th February 2024.
15. Presented a Paper titled “***Flywheel training with Plyometric Exercises – An Experimental Study***” in **International Conference on theme : Good Health & Wellbeing through Physical Education & Sports** organized by School of Physical Education and Department of Physiotherapy at Lovely Professional University, Punjab From 30th September, 2023.
16. Presented a Paper titled “***Pilates and Yoga A range of motion for Games and Sports***” in **National Conference on Sports Science : A Multi- Disciplinary**

Approach to Enhance Sports Performance organized by Ramakrishna Mission Vivekananda Educational and Research Institute From 27 & 28 February, 2023.

17. Presented a Paper titled ***“Functional Response to the Influence of Yogic practice After Continuous Brisk Walking”*** in **National Conference on Modern trends of Yoga for Health and Sports Performance** organized by Shri paranjothi Yoga College, Thirumoorthy Hills and Government Arts Udumalpet on 12.08.2022.
18. Presented a Paper titled ***“Role of Technology in Equipment for Physical Education and Sports”*** in **Two Days National Seminar on Latest Advancement in Physical Education and Sports Science and Their Implications** organized by Sri Ramakrishna Mission Vidyalaya, Maruthi College of Physical Education from 24 & 25 March, 2023.
19. Presented a Paper titled ***“Changes in Body Mass Index and Flexibility of Obese College Women after Eight Weeks of Silambam Training”*** in **Two Days International Conference on Modern Trends in Sports Performance** organized by Alagappa University College of Physical Education, Alagappa University, Karaikudi on 15 & 16, March 2023.
20. Presented a Paper titled ***“A Moving Meditation of Silambam on Job Stress of Working Women”*** in **Two Days International Seminar on Sports as an Institution Perpetuating Sexism and Bias** organized by Department of Women Studies & Physical Education, Bharathiar University, and Coimbatore on 14 & 15, December 2022.
21. Presented a Paper titled ***“Consequences of Flywheel training with plyometric Exercises on Strength Endurance of School Boys”*** in **SNGC Conclave International Multidisciplinary Conference of Emerging Trends, Challenges and Opportunities** organized by Internal Quality Assurance Cell, Sree Narayana College , K.G.Chavadi, Coimbatore on 24 & 25 August 2023.
22. Presented a Paper titled ***“Impact of Continuous Brisk walking Training After Suryanamaskar Practice on Flexibility and Aerobic Endurance of old Aged Men”*** in **International Level Conference on Yoga for Global Health, happiness and**

Harmony organized by Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education, Coimbatore From 6 & 7th March 2020.

23. Presented a Paper titled “*Effect of Resistance with Yoga Training on Arthokinematics Variables of Badminton Players*” in **National Conference on Science in Sports** organized by Department of Physical Education, Avinashilingam University and Coimbatore on 21 & 22 February 2020.
24. Presented a Paper titled “*Comparative Study on Speed and Speed Endurance between Football and Basketball Referees*” in **International Conference on Yoga Meditation and Sports for Peace Prosperity** organized by Department of Physical Education, Alagappa University and Karaikudi on 18 & 19 October 2019.
25. Presented a Paper titled “*Comparative Study on Speed and Flexibility between High School Boys Handball and Basketball Players*” in **National Conference on technology Innovation & Entrepreneurship in Sports** organized by Department of Physical Education, Bharathiar University and Coimbatore on 23 & 24 March 2017.
26. Presented a Paper titled “*Comparative Study on Speed and Flexibility between Handball and Basketball Players*” in **National Conference on Training, Nutrition and Analeptic Regimen on Corporal Property and High performance in Sports** organized by Department of Physical Education, Bharathiar University and Coimbatore on 31st March 2016.
27. Participated in **State level Workshop on Kalari Adimurai** organized by Department of Physical Education, Sri Ramakrishna Mission Vidyalaya College of Arts and Science and World Federation of Kalari Adimurai held on 10th February 2023.
28. Participated in the Workshop on **Creativity and Innovation- Fundamental of IPR** organized by Intellectual Property Rights Cell, Bharathiar University and Coimbatore on 26th April, 2022.
29. Participated in **National level Webinar on Yoga on Naturopathy for general Mutilated Women** organized by Department of Yoga, TNPESU on February 2022.
30. Participated in **National level Webinar on Role of Yoga Therapy for Cancer Patients**, organized by Department of Yoga, TNPESU on February 2022.

31. Participated in **National level Workshop on Research Methodology and SPSS Application in Physical Education** organized by Centre for Special and movement Education, Manonmaniam Sundharan University held on 20th January, 2020.
32. Participated in **International E-Conference on Health, fitness, wellness and Longevity**, organized by International Federation for Fitness, Health, and Physical Education & Iron Games on January 2020.
33. Participated in **State level Three Days Training Programmes on Gender Budgeting** organized by Ministry of Women and Child Development, Department of Women Studies, Bharathiar University, held on 29th January, 2020.
34. Participated in **One Day State level Workshop on Training Methods in Physical Education** and Sports organized by Department of Physical Education, American College, Madurai held on 6th March, 2020.
35. Participated in **International E-Conference on Health, fitness, wellness and Longevity**, organized by International Federation for Fitness, Health, and Physical Education & Iron Games on January 2020.
36. Participated in Tamilnadu Physical Education Teacher Conducted **Online Webinar for Physical Education Awareness** Program on June 2020.
37. Participated in National level webinar on **Yoga for Healthy Life style** organized by Department of Physical education, Sri Vasavi College on January 2019.
38. Participated in **National Level Online Sports Quiz** organized by Department of Physical Education, Hindustan First grade college, Mysore From June 27 to 29, 2020.
39. Participated Successfully **E-Quiz Appreciation** organized by Department of Physical Education, Government Arts and Science College, Thiruvananthapuram.
40. Participated in **Online Quiz in Yoga** organized by Department of Physical Education, and National Cadet Corps(2 TN BN NCC) Urumu College of Trichy From June 20 to 22, 2020.
41. Participated in **National level Workshop on Yoga Scientific Approach to Fitness** organized by All India Council for Teacher Education, Sri Krishna Polytechnic College, from June 26 to 31, 2019.

42. Participated in **UGC Sponsored International Conference on Women Health and Human Rights** an International Perspective organized by Department of Women Studies, Bharathiar University, held on 1 & 2nd February, 2017.

FACULTY DEVELOPMENT PROGRAMME (FDP)

S.No	Name of the Faculty	Name of the FDP	Organized by	Duration
01	Dr. N.Kodeeswaran, Assistant Professor	Five-Day International Faculty Development Programme (FDP) titled “Mastering the Art of Science Writing in Physical Education & Sports Science”	Digi Skill Development Centre And Training Institute, Mumbai (Online Mode)	10 th February 2026 to 14 th February 2026.

ORGANIZING ABILITIES

-  Tamil Nadu Physical Education and Sports University Inter Collegiate Tournaments Games and Sports (2024-2025).
-  Organized South Zone Inter University Kabaddi Tournament (2015-2016).
-  Bharathiar University Inter Collegiate Tournaments Games and Sports (2015-2019).
-  Organized many Tournaments for Leagues and Intramural competitions.
-  Acted as an Official During 77th All India Inter university (Men and Women) Championship 2016-17 held at Nehru Stadium, Coimbatore from 10 to 16, January 2017.
-  Acted as Editorial Board of National Conference on “Fit Citizen, Fit Nation: Addressing Health Challenges and exploring strategies of participation in Physical Activities and Sports in the Tech-Driven World” on August 2025.
-  Acted as Editorial Board of National Conference on “National Seminar on “Physical Education and Sports for Promoting Integrity Ethics and Performance” on February, 2025.

QUESTION PAPER SETTER

 Alagappa University (B.Sc Physical Education) Semester Question Paper Setter
during the Year of 2024-2025 and 2025-2026.

SUMMARY OF SKILLS

-  Organizing student learning opportunities.
-  Managing student learning progression.
-  Developing student commitment to working and learning.
-  Logical and critical thinking ability to solve the problem quickly & efficiently
& Management ability.

REFERENCE

Dr. K.MURUGAVEL

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PERSONAL PROFILE

- | | |
|--------------------|---|
| 1. Name | : Kodeeswaran.N |
| 2. Father's name | : J.Nagarajan |
| 3. Date of birth | : 15.07.1993 |
| 4. Sex | : Male |
| 5. Nationality | : Indian |
| 6. Religion | : Hindu |
| 7. Marital status | : Married |
| 8. Languages known | : Tamil & English (Speak, Read & Write) |
| 9. Mobile number | : 9003440748 |

DECLARATION

I hereby declare that the above information are true and correct to the Best of my knowledge and Belief.

Thanking you

Place: Coimbatore

Date:

Signature,



(Dr. KODEESWARAN N)