

SRI RAMAKRISHNA MISSION VIDYALAYA MARUTHI COLLEGE OF PHYSICAL EDUCATION

An Autonomous College Recognised by NCTE

Affiliated to the Tamil Nadu Physical Education and Sports University

Re-accredited by NAAC with 'A+' Grade

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ACADEMIC CALENDAR

2024 – 2025

வழிபாடு

சரஸ்வதி தியான ஸ்லோகம்

சரஸ்வதி நமஸ்துப்யம் வரதே காமரூபிணி

வித்யராம்பம் கரிஷ்யாமி: சித்திர் பவதுமே ஸதா!!

சரஸ்வதி தேவியே! வேண்டிய வரங்களைத் தருபவளே! உனக்கு நமஸ்காரம்! இப்போது நான் கல்வி, கலைகளை படிக்கத் துவங்குகிறேன். எனக்கு எப்போதும் வெற்றியைத் தந்தருள வேண்டும்.

ஸ்ரீராமகிருஷ்ண ஸ்தோத்திரம்

ஓம் ஸ்தாபகாய ச தர்மஸ்ய ஸர்வதர்மஸ்வரூபிணே

அவதார வரிஷ்டாய ராமக்ருஷ்ணாய தே நம :

ஓம். அறத்தை நிலைநாட்டியவனே, அனைத்து அறங்களின் வடிவானவனே, அவதாரங்களுள் தலைசிறந்தவனே! உனக்கு வணக்கம்!

ஸ்ரீ சாரதாதேவி ஸ்தோத்திரம்

ஜனனீம் ஸாரதாம் தேவீம் ராமக்ருஷ்ணம் ஜகத்குரும்

பாதபத்மே தயோ : ச்ரித்வா ப்ரணமாமி முஹூர்முஹூ

உலக அன்னையாகிய சாரதாதேவியுடையவும் உலக குருவாகிய ஸ்ரீராமகிருஷ்ணருடையவும் தாமரைப் பாதங்களைச் சரணடைந்து மீண்டும் மீண்டும் வணங்குகிறேன்!

விவேகானந்த பஞ்சகம்

ஓம் நம : ஸ்ரீயதிராஜாய விவேகானந்த ஸுரயே

ஸச்சித்ஸுக ஸ்வரூபாய ஸ்வாமினே தாபஹாரினே

துறவி வேந்தரும், உண்மை அறிவு இன்பம் வடிவினரும், எல்லா துயரங்களையும் போக்குபவரும் ஆகிய விவேகானந்த ரிஷியை வணங்குகிறேன்.

NATIONAL ANTHEM
Jana-Gana-Mana
(Thou Art the Ruler of All Minds)

The Indian National anthem, composed originally in Bengali by Rabindranath Tagore, was adopted in its Hindi version by the Constituent Assembly as the National Anthem of India on 24 January 1950. It was first sung on 27 December 1911 at the Calcutta session of the Indian National Congress. The complete song consists of five stanzas. The lyrics were rendered into English by Tagore himself.

"Jana-gana-mana-adhinayaka jaya he
Bharata-bhagya-vidhata.
Punjaba-Sindhu-Gujarata-Maratha-
Dravida-Utkala-Banga
Vindhya-Himachala-Yamuna-Ganga
Uchchhala-jaladhi-taranga.
Tava Subha name jage,
Tava Subha asisa mage,
Gahe tava jaya-gatha.
Jana-gana-mangala-dayaka jaya he
Bharata-bhagya-vidhata.
Jaya he, jaya he, jaya he
Jaya jaya, jaya, jaya he."

Translation of the national anthem - Jana Gana Mana in English:

Thou are the ruler of the minds of all people, dispenser of India's destiny. The name rouses the hearts of Punjab, Sind, Gujarat and Maratha. Of the Dravid and Orissa and Bengal. It Echoes in the hills of Vindhyas and Himalayas, mingles in the music of Yamuna and Ganga and is chanted by the waves of the Indian Sea. They pray for your blessing and sing the praise. The salvation of all people – is thy hand, thou dispenser of India's destiny. Victory, Victory, Victory to these.

தமிழ்த்தாய் வாழ்த்து

நீராருங்கடலுடுத்த நிலமடந்தைக் கெழிலொழுதும்
சீராரும் வதனமெனத் திகழ்பரதக் கண்டமிதில்
தெக்கணமும் அதிற்சிறந்த திராவிடநல் திருநாடும்
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே
அத்திலக வாசனைபோல் அனைத்துலகும் இன்பமுற
எத்திசையும் புகழ்மணக்க இருந்தபெருந் தமிழணங்கே!
தமிழணங்கே!

உன் சீரிளமைத் திறம்வியந்து
செயல்மறந்து வாழ்த்துதுமே!

வாழ்த்துதுமே!

வாழ்த்துதுமே!

— மனோன்மனியம் பெ. சுந்தரம்பிள்ளை

கொடிப்பாடல்

வித்தை யருளும் அன்னையின்
விளங்கு கொடியைப் போற்றுவோம்
சத்தியத்தின் கொடியிது சேவைத் தியாகக் கொடியிது அறம்
வளர்க்க வந்த நல் அருளைக் காட்டும் கொடியிது

பரமஹம்ச தேவரின் பிரியமான கொடியிது
தமிழ்மணம் விரித்திடும் தாயின் பெருமைக் கொடியிது
அமிழ்தில் இனிய அன்பினால் அணைத்து
நாங்கள் வாழுவே

அண்ணன் தம்பிமார்களாய் அகமகிழ்ந்து கூடியே
திண்மை யறிவு ஞானமும் தெய்வபக்தி தன்னுடன்
அன்பு செய்து வாழுவோம் ஆண்மையைப் பெருக்குவோம்
இன்ப மெய்தி யாவரும் இருக்க என்றும் நாடுவோம்

— ம.ப. பெரியசாமித்தூரன்

காயத்ரீ மந்திரம்

ஓம் பூர்புவஸ்ஸுவ : | தத்ஸவிதூர்வரேண்யம் |

பர்கோ தேவஸ்ய தீமஹி |

தியோ யோ ந : ப்ரசோதயாத் ||

யார் நம் அறிவைத் தூண்டுகிறாரோ அந்தச் சுடர்க்
கடவுளின் மேலான ஒளியைத் தியானிப்போமாக.

ப்ருஹதாரண்யக உபநிஷத்

அஸதோ மா ஸத்கமய |

தமஸோ மா ஜ்யோதிர்கமய |

ம்ருத்யோர்மா அம்ருதங் கமய ||

ஓம் சாந்தி : சாந்தி : சாந்தி :

விநாயகர் துதி

சுக்லாம் பரதரம் விஷ்ணும் சசிவர்ணம் சதுர்புஜம்

பிரசன்ன வதனம் த்யாயேத் சர்வ விக்னோப சாந்தயே.

தூய்மையான வெண்ணிற ஆடை உடுத்தியவரும், எல்லா
இடங்களிலும் வியாபித்திருப்பவரும், சந்திரன் போன்ற நிறத்தை
உடையவரும், நான்கு கைகளை உடையவரும், எப்பொழுதும்
அருள் புரியக்கூடிய முகத்தை உடையவருமாகிய விநாயகரை
எல்லா இடையூறுகளும் நீங்குவதற்காக வணங்குகிறேன்.



சரஸ்வதி துதி

ஸரஸ்வதி நமஸ்துப்யம்

வரதே காமரூபிணி

வித்யா ரம்பம் கரிஷ்யாமி

ஸித்திர் பவதுமே ஸதா

அனைவராலும் விரும்பத்தகும் உருவத்தை உடையவளும்,
வேண்டிய வரங்களைத் தருபவளும் ஆகிய சரஸ்வதி தேவியே நான்
ஆரம்பிக்கும் இக்கல்வி சித்தியடைய உன்னை வணங்குகிறேன்.



குரு ஸ்தோத்திரம்

குருர் ப்ரம்மா குருர் விஷ்ணு;

குருர் தேவோ மகேச்வர;

குருஸாக்ஷாத் பரப்பிரம்மா

தஸ்மை ஸ்ரீ குருவே நம:

குருவே ப்ரம்மா! குருவே விஷ்ணு! குருவே மஹேஸ்வரன்!
குருவே பரப்ரம்மம்! அத்தகைய குருவை நான் வணங்குகிறேன்.

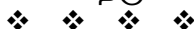


சிந்துபைரவி

குருதேவா ஜெய குருதேவா
திருவருள் புரிவாய் குருதேவா

கருணையின் உருவே கற்பகத் தருவே
காருண்ய சீலா கலியுக வரதா
பொற்பதம் பணிந்தேன் சற்குரு தேவா
நற்கதி எனக்கு நீ தருவாயே (குருதேவா)

அன்னையும் நீயே தந்தையும் நீயே
ஆதியும் நீயே அந்தமும் நீயே
சாரதை நாதா சகலமும் நீயே
சரணடைந்தேனே உனதருள் வேண்டி (குருதேவா)



தேஷ் - ஏக்தாள்

ஜய ஜய ஓம் சக்தி சாரத மா
ஜய ஜய சிவ சக்தி சாரத மா |
ஜய நாராயணி சாரத மா
சங்கரி நாரணி சாரத மா ||
மாத்ரு ஸ்வரூபிணி சாரத மா
மங்கள தாயினி சாரத மா ||



பல்லவி

ஐய ஸ்ரீராமகிருஷ்ண தேவா
ஐய ஐய சத்குரு நாதா

அனுபல்லவி

மயலால் மீடியுண்டு வாடும் குவலயம்
தயவால் உயிர்த்தோங்கத் தோன்றிய முகிலே

சரணம்

சாந்தம் வடியும் உன் சந்நிதி வந்ததும்
சந்தேகம் சஞ்சலம் சாம்பராய்ப் போயின
காந்திச் சுடர் விடும் கருணா ரூபனே
கைகொடுத்தெங்களைக் கரையேற்றும் ஐயனே

— ம. ப. பெரியசாமித்தூரன்



BIO - DATA

1. a) Name :
b) Class :
2. a) Father's Name :
b) Father's Occupation :
3. Date of Birth :
4. a) Age :
b) Height :
c) Weight :
d) Blood Group :
e) Aadhaar No. :
f) Email ID :
5. Nationality :
6. Religion :
7. Educational Qualification :
8. Extra - curricular Activities :
9. Highest Sports Performance:
10. Interests :
11. Present Address :
12. Permanent Address :
13. Contact Number :

College Profile

Ramakrishna Mission Vidyalaya

Ramakrishna Mission Vidyalaya, Coimbatore. (A Branch of Ramakrishna Math and Ramakrishna Mission, Belur Math, Howrah, West Bengal). Located at about 19 kms from the Coimbatore city on the highway to Ooty, the Vidyalaya is situated in a serene environment spread over nearly 300 acres. The institution was founded by Dr. T.S. Avinashilingam in 1930, with an investment of Rs.5.75 and one harijan boy on its roll. Indeed, a small beginning for his great achievement that stands materialized today as a vast educational and spiritual centre with facilities for education from pre-school to postgraduate and doctorate levels. But then, there was a source for his inspiration to set out on that bold venture. While studying in college, Dr. T.S. Avinashilingam met Swami Shivananda, a direct disciple of Bhagavan Sri Ramakrishna whose another well-known disciple was Swami Vivekananda. It was from Swami Vivekananda that Swami Shivananda absorbed the idea of the prime importance of education for the revival of India. The 'sacred touch' of Swami Shivananda, as Dr. T.S. Avinashilingam later described it, awoke in him the necessary strength and vision for his future mission in the field of education. Mahatma Gandhi, the Father of the Nation, laid the foundation stone of the Vidyalaya in 7 February 1934 and wished that the students of the Vidyalaya would be intensely patriotic followers of Truth. The Vidyalaya was affiliated to the Ramakrishna Mission in January 1935. Swami Garishthanandaji Maharaj is now the Secretary of the Ramakrishna Mission Vidyalaya, Coimbatore. The Vidyalaya institutions are guided by a team of dedicated monks.

SRMV Maruthi College of Physical Education (MCPE)

Sri Ramakrishna Mission Vidyalaya Maruthi College is one of the institutions in Vidyalaya which was formally inaugurated by Acharya Vinoba Bhave on 22 September 1956. This institution has been named after the great Ramayana hero, Mahavir, also called Maruthi or Hanuman. Faith and devotion are essential factors in the development of strength in any individual. Personal purity and devotion to a great cause are

the necessary requisites for a healthy living. Maruthi, who personified in himself these great qualities, has stood as the ideal of manhood to millions of men in our country. And so it is only fitting that this institution is named after him.

Vision

Striving for excellence in the quality of training teachers and teacher educators in Physical Education and Sports through proper training, effective coaching, in-depth research and field based activities blended with emerging technologies and value based education on par with global standards.

Mission

- ◆ Training committed, competent, and skillful pre-service physical education teachers and teacher educators by equipping them with necessary practical knowledge, skills, right attitude and nurturing holistic values so as to enable them to be creative and confident in fulfilling global demands.
- ◆ Imparting effective coaching by amalgamating basic skills and innovative strategies in order to successfully encounter unforeseen situations.
- ◆ Strengthening scholastic and non-scholastic skills through systematic, field-based and outreach activities integrating appropriate ICT strategies.
- ◆ Encouraging research activities by prioritizing the thrust areas of research through re-visiting emerging trends in the field of Physical Education and Sports.

Goals and Objectives of the Institution

Goals

- ◆ To actualize Swami Vivekananda's educational vision, to impart life-building, man-making and character-building education through a balanced combination of secular and spiritual training.
- ◆ The emblem of the Ramakrishna Mission, conceived and designed by Swami Vivekananda, is an eloquent expression of its goals and objectives.

Objectives

- ◆ To educate the teacher trainees to attain proficiency in Physical Education and Sports
- ◆ To provide the essential professional attributes for teacher trainees
- ◆ To facilitate the teacher trainees to integrate the global challenges by means of innovative and self-assured practices
- ◆ To provide effective coaching in fundamental skills of major games and physical activities to succeed the unexpected circumstances with amazing results
- ◆ To incorporate the ICT strategies among teacher trainees
- ◆ To encourage teacher trainees to identify the essential areas of research in physical education and sports

College Status

- ◆ Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education was established in 1956 and one of the leading physical education institutions in south India.
- ◆ Registered under UGC Act and College is honoured with 2(f) & 12(B) status by UGC, 1971.
- ◆ The College is a government aided institute, recognized by the Government of Tamil Nadu.
- ◆ The College is recognized by the National Council of Teacher Education (NCTE).
- ◆ University Grants Commission has conferred autonomous status to our college from the academic year 2007 - 2008.
- ◆ Affiliated to the Tamil Nadu Physical Education and Sports University, Chennai since 2006
- ◆ Tamil Nadu Physical Education and Sports University, Chennai has approved the College as 'Research Centre' in 2013.
- ◆ National Assessment and Accreditation Council (NAAC) has re-accredited the college with "A+" grade in the year 2023.

Statutory Committees

S.No.	Name of the Statutory Committee	Frequency of Meeting
1.	College Committee	Once in 3 months
2.	Governing Body	Twice a year
3.	Academic Council	Once in a year
4.	Board of Studies	Twice a year
5.	Finance Committee	Once in a year

Non-Statutory Committees

S. No.	Name of the Non-Statutory Committee	Staff in charge	Frequency of Meeting
1.	Academic and Administrative Audit Committee	Dr.E.Amudhan	Once in a year
2.	Academic and Administrative Audit Committee	Dr.E.Amudhan	Once in a year
3.	Admission Committee	Dr.A.Needhiraja	Twice a year
4.	Anti-Discrimination Cell	Dr.A.Needhiraja	Twice a year
5.	Anti-Ragging Cell	Dr.T.Thangamani	Twice a year
6.	Anti-Drug Club	Dr.T.Thangamani	As and when needed
7.	Career Guidance and Placement Cell	Dr.P.Senthilkumar	As and when needed
8.	College Magazine Committee	Dr.A.Velayutham	As and when needed
9.	Cyber Club	Dr.T.Thangamani	As and when needed
10.	Energy Conservation Cell	Dr.N.Kodeeswaran	Twice a year
11.	Examination Committee	Dr.V.Saminathan	As and when needed

S. No.	Name of the Non-Statutory Committee	Staff in charge	Frequency of Meeting
12.	Green Initiative Committee	Dr.N.Kodeeswaran	As and when needed
13.	Grievance Redressal Cell	Dr.V.Saminathan	As and when needed
14.	Intellectual Property Right (IPR) Cell	Dr.N.Kodeeswaran	Twice a year
15.	Internal Complaints Committee	Dr.V.Saminathan	Twice a year
16.	Internal Quality Assurance Cell	Dr.E.Amudhan	Quarterly
17.	Intramural Committee	Dr.M.Srinivasan	As and when needed
18.	Library Advisory Committee	Dr.A.Velayutham	As and when needed
19.	National Service Scheme Advisory Committee	Dr.A.Needhiraja	As and when needed
20.	Planning and Evaluation Committee	Dr.V.Saminathan	Twice in a month
21.	Purchase Committee	Dr.T.Thangamani	Twice a year
22.	Research and Professional Development Committee	Dr.M.Srinivasan	Once in a month
23.	Staff Council	Dr.E.Amudhan	As and when needed
24.	Students Literary Association	Dr.V.Balamurugan	As and when needed
25.	Time Table Committee	Dr.E.Amudhan	Twice a year
26.	Waste Management Cell	Dr.K.Thamizhmaran	Twice a year

PARTICULARS OF COLLEGE

Name of the College with Postal Address	: Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020
College Telephone Number	: 0422 - 2692443
College Website & Mail ID	: www.srkvmcpe.org ; rmmcpe@gmail.com , srkvmcpe@gmail.com
Name, Address, Telephone of the Secretary	: Swami Virahananda Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Phone: 0422 - 2692443
Name, Address, Telephone of the Principal	: Dr. T. Jayabal Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Periyanaickenpalayam Coimbatore - 641 020. Phone: 0422 - 2692443
Year of Establishment	: 1956
Autonomous College Since	: 2007 - 2008
Re-accredited by NAAC in	: 2023
Details of Programmes Offered	: Ph.D. - Full Time & Part Time M.P.Ed. - Full Time (2 years) B.P.Ed. - Full Time (2 years) B.P.E.S. - Full Time (3 years)
Details of Teaching & Administrative Staff	: Furnished in Page No.

PROGRAMMES

Bachelor of Physical Education and Sports

(B.P.E.S.)

REGULATIONS

Eligibility

- ◆ Applicants should have passed the +2 examination in the 10+2 pattern of the Government of Tamil Nadu or any other equivalent examination recognized by the Government of Tamil Nadu or approved by the Tamil Nadu Physical Education and Sports University.
- ◆ School representation in any game or sport is mandatory for the applicants.
- ◆ The candidates should not have completed 21 years of age as of 1st July. However, a relaxation of 3 years shall be given for SC/ ST candidates.
- ◆ Only male candidates are eligible for admission to the B.P.E.S degree.
- ◆ The candidate must be medically fit and free from any deformities students will undergo a medical examination at the time of admission.
- ◆ Admission shall be made on the basis of ranking for a total of 150 marks as detailed below.

S.No	Description	Marks
1	Qualifying Examination	25 marks
2	Participation in Games & Sports	25 marks
3	Games Skill test	50 marks
4	Track and Field Skill (Fitness)Test	50 marks
	Total	150 marks

Note: Marks obtained in the Qualifying Examination shall be converted to a maximum of 25 marks. For example, if a candidate secured 400 marks out of 600. His marks for qualifying examinations are $(400/600) \times 25 = 12.50$ marks.

COURSES OF STUDY

B.P.E.S. (2024-2027)

Semester - I

Part	Course code	Title of the Course
Theoretical courses		
I	241BPL1	General Tamil – I (or) Base Tamil - I
II	241BPL2	English – I
III	241BPC1	Core course: History and Foundations of Physical Education
III	241BPC2	Core course: Rules of Games and Sports-Part I (Basketball, Badminton, Kabaddi, Softball)
III	241BGE1	Generic Elective: Computer Application
Practicum Courses		
V	241BPP1	Callisthenics, Minor Games, Gymnastics, Marching
V	241BPP2	Basketball
V	241BPP3	Softball
V	241BPP4	Badminton
V	241BPP5	Kabaddi

Semester - II

Part	Course code	Title of the Course
Theoretical courses		
I	242BPL1	General Tamil – II (or) Base Tamil - II
II	242BPL2	English –II

Part	Course code	Title of the Course
III	242BPC1	Core course: Human Anatomy and Physiology
III	242BPC2	Core course: Rules of Games and Sports-Part II (Volleyball, Tennis, Throwball, Kho-Kho)
III	242BGE1	Generic Elective: Communicative English
Practicum courses		
V	242BPP1	Dands, Baithaks, Light Apparatus & Lezim
V	242BPP2	Kho-Kho
V	242BPP3	Tennis
V	242BPP4	Volleyball
V	242BPP5	Throwball

SEMESTER - III

Part	Course code	Title of the Course
Theoretical courses		
I	243BPL1	General Tamil – III (or) Base Tamil - III
II	243BPL2	English –III
III	243BPC1	Core course: Health and Safety Education
III	243BPC2	Core course: Rules of Games and Sports-Part III (Track and Field events)
III	243BGE1	Generic Elective: Environmental Science

Part	Course code	Title of the Course
Practicum Courses		
V	243BPP1	Track and Field events - Short distance running
V	243BPP2	Middle-distance running & Long-distance running
V	243BPP3	Relay Races and Hurdles
V	243BPP4	Long Jump and Triple jump
V	243BPP5	High Jump & Pole Vault

SEMESTER - IV

Part	Course code	Title of the Course
Theoretical courses		
I	244BPL1	General Tamil – IV (or) Base Tamil - IV
II	244BPL2	English –IV
III	244BPC1	Core course: Rules of Games and Sports-Part IV (Field events, Ball Badminton, Football)
III	244BPD1	Discipline Specific Elective course: Methods in Physical Education
III	244BPS1	Skill-Based Elective Course: Value Education and Indian Culture & Heritage
IV	244BPE1	Ability Enhancement Compulsory course: Obesity and weight management/MOOC courses
Practicum courses		
V	244BPP1	Track and Field events - Shot put & Hammer throw

Part	Course code	Title of the Course
V	244BPP2	Discus throw and Javelin throw
V	244BPP3	Pyramid, Mallakhamb, and Martial Arts
V	244BPP4	Football
V	244BPP5	Ball Badminton
V	244BPP6	Track and Field events (Semester III & Semester IV)

SEMESTER - V

Part	Course code	Title of the Course
Theoretical courses		
III	245BPC1	Core course: Science of Yoga
III	245BPC2	Core course: Athletic Care and Rehabilitation
III	245BPC3	Core course: Kinesiology and Biomechanics
III	245BPC4	Core course: Educational Psychology and Sports Journalism
III	245BPD1	Discipline Specific Elective Course: Adapted Physical Education
IV	245BPI1	Internship: Fit Students, Fit Nation (Fitness training classes in Schools)
Practicum courses		
V	245BPP1	Hockey
V	245BPP2	Table Tennis
V	245BPP3	Handball
V	245BPP4	Netball
V	245BPP5	Yoga

SEMESTER - VI

Part	Course code	Title of the Course
Theoretical courses		
III	246BPC1	Core course: Exercise Physiology and Nutrition
III	246BPC2	Core course: General Theory and Methods of Sports Training
III	246BPC3	Core course: Rules of Games and Sports-Part V (Hockey, Table Tennis, Handball, Netball, Cricket, &Tennikoit)
III	246BPD1	Discipline-Specific Elective Course: Sports Management
III	246BPS1	Skill-Based Elective Course: Test, Measurement, and Evaluation
IV	246BPE1	Ability Enhancement Compulsory course: Project/MOOC courses
Practicum courses		
V	246BPP1	Bharathiam & Aerobics
V	246BPP2	Cricket
V	246BPP3	Tennikoit
V	246BPP4	Game of Specialization
Village Placement Programme		
VI	246BPV1	Village Placement Programme (5 days during the semester)

Bachelor of Physical Education (B.P.Ed.)

Bachelor of Physical Education (B.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education in classes VI to X and for conducting physical education and sports activities in classes XI and XII.

Eligibility

A candidate shall be eligible for admission to the Bachelor of Physical Education (B.P.Ed.) if he has taken a degree with 50% marks of a recognized university subject to the following conditions. The candidate should not have completed 30 years of age as on 1st July. However, relaxation of 3 years may be given for SC / ST Ex-servicemen. Experienced Physical Education Teachers shall be given relaxation of 6 years of age. He must have represented the college / university / inter-zonal / school competition / district / state in anyone of the games or athletics (as included in the inter-university competitions / IOA / SGFI / Govt of India). Graduates in Physical Education with 45% marks.

Admission Procedure

Qualifying marks Scored in UG	20 Marks
Games & Sports Certificate	25 Marks
Game Skills test (anyone game)	50 Marks
Track and Field Skill Test (100 mts, Long Jump, Shot Put)	50 Marks
Bonus marks for degree certificate in B.Sc. Phy. Edu./ B.P.E.S. or D.P.Ed.	5 Marks
Total	150 Marks

Qualifying Examination

(Maximum 20 marks). Marks obtained in total at the degree level (other than B.P.E./B.P.E.S.) should be converted to a maximum marks of 20. For graduates in Physical Education percentage of marks is calculated considering the total marks obtained.

COURSES OF STUDY

B.P.Ed. (2024-2026)

SEMESTER - I

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
241BCC1	History, Principles and foundation of Physical Education
241BCC2	Anatomy and Physiology
241BCC3	Educational Technology and Methods of Teaching in Physical Education
Discipline Specific Elective Courses (Any one)	
241BDE	Any one paper from the basket of choices of first year (1. Olympic Movements, 2. Health Education and Environmental Studies, 3. Contemporary Issues in Physical Education, Fitness and Wellness, 4. Sports Nutrition.)
Part - II: Practicum	
241BPC1	Track and Field (Running Events)
241BPC2	Team Games: Basketball, Ball badminton, Tennis
241BPC3	Indigenous Sports : Mass Demonstration Activities: Dumbbells, Flags, wands, Hoops, Indian clubs, Lezium , March Past and Band
241BPC4	Organization and Participation (Part-I): Intramural and Extramural tournaments, Project track and field meets
241BPC5	Co-Curricular courses: Leadership training Programme

Course code	Title of the Course
Part - III : Internship	
241BIC1	Teaching Practice: General lesson plan, 10 lessons at school (External) and 5 lessons at college (internal)
Part - IV : Ability and Skill enhancement courses	
	Ability and Skill Enhancement courses
241BAE	1. Communication Skills and Soft Skills
	2. Diversified System of School Education of School Education

SEMESTER - II

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
242BCC1	Yoga Education
242BCC2	Theories of Sports & Games – Part - I
242BCC3	Organization and Administration in Physical Education
Discipline Specific Elective Courses (Any one)	
242BDE	Any one paper from the basket of choices of first year (1. Olympic Movements, 2. Health Education and Environmental Studies, 3. Contemporary Issues in Physical Education, Fitness and Wellness, 4. Sports Nutrition.)
Part - II: Practicum	
242BPC1	Track and Field (Jumping Events)
242BPC2	Yoga, Aerobics
242BPC3	Team Games: Hockey, Badminton, Table Tennis

Course code	Title of the Course
242BPC4	Gymnastics, Calisthenics, Malla Khamb
242BPC5	Organization and Participation (Part-II): Intramural and Extramural tournaments, Project track and field meets
Part - III : Internship	
242BIC1	Teaching Practice: (15 lessons in teaching mass demonstration exercises at elementary school and concluding with play festival programme)
Part - IV : Ability and Skill enhancement courses	
242BAE	Value added courses (any one) 1.Social Health and Sports Services 2.Fitness Equipment Management

SEMESTER - III

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
243BCC1	Measurement and Evaluation in Physical Education
243BCC2	Sports Psychology and Sociology
Discipline Specific Elective Courses (Any one)	
243BDE	Any one paper from the basket of choices of second year (1. Sports Management and Curriculum Design, 2. Adapted Physical Education and Inclusive Physical Education, 3. Sports Medicine & Physiotherapy and Rehabilitation, 4. Research and Statistics in Physical Education)

Course code	Title of the Course
Generic Elective Course	
243BGE	Any one paper from the basket of choices of Generic electives (1. Indian Cultural and Heritage, 2. Computer Applications in Physical Education)
Part - II : Practicum	
243BPC1	Track and Field (Throwing Events)
243BPC2	Combative Sports (Any two): Kalari, Silambam, Judo, Wrestling
243BPC3	First Aid & Injury management (50)
243BPC4	Team Games: Kabaddi, Handball, Throw ball, Kho-Kho
243BPC5	Organization and Participation (Part-III): Intramural and Extramural tournaments, Project track and field meets
Part - III : Internship	
243BIC1	Teaching Practice: Particular lesson, 10 lessons at school (External) and 5 lessons at college (internal)
Part - IV : Ability and Skill enhancement courses (any one)	
243BAE	Skill Enhancement Course: 1. Online Courses 2. Obesity and Weight Management

SEMESTER - IV

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
244BCC1	Theories of sports and games – Part - II
244BCC2	Kinesiology and Biomechanics
244BCC3	Sports Training

Course code	Title of the Course
Discipline Specific Elective Courses (Any one)	
244BDE	Any one paper from the basket of choices of second year (1. Sports Management and Curriculum Design, 2. Computer Applications in Physical Education, 3. Sports Medicine & Physiotherapy and Rehabilitation, 4. Research and Statistics in Physical Education)
Part - II : Practicum	
244BPC1	Team Games: Softball, Tennikoit
244BPC2	Cricket, Football, Volleyball
244BPC3	Organization and Participation (Part-IV): Intramural and Extramural tournaments, Project track and field meets
Part - III : Internship	
244BIC1	Pedagogy: Sports specialization: 10 Coaching lessons in a game of specialization
244BIC2	Teaching Practice: (15 lessons in teaching mass demonstration exercises at elementary school and concluding with play festival programme)
Part - IV : Ability and Skill enhancement courses (Any One)	
244BAE	Ability Enhancement Compulsory Courses: (Any one) 1. Official / referee qualify examination 2. Village Placement Programme

Master of Physical Education (M.P.Ed.)

The Master of Physical Education (M.P.Ed.) two years (Four Semesters Choice Based Credit System) programme is a professional programme meant for preparing teachers of physical education for conducting physical education and sports activities in classes XI and XII as well as Assistant Professor / Directors / Sports Officers in Colleges / Universities and Teacher Education in College of Physical Education.

Eligibility

A candidate for admission to the Master of Physical Education (MPed) degree programme should have passed B.P.Ed. examination from any recognised university. They must have represented district/college/university/state in any one of the games or sports. He must be medically fit and free from physical deformities. Students will undergo medical examination at the time of admission. Candidates who have obtained at least 50% marks in the B.P.Ed. degree / B.P.Ed. (Integrated) 4 years professional degree are eligible for admission. The reservation for SC / ST / OBC and other categories shall be as per the rules of the Central Government / State Government, whichever is applicable.

Or

Graduate with Physical education as an elective subject with 40% marks.

Or

Graduate having participated in National / State / Inter-University sports | games / athletics | SGFI.

Admission Procedure

Qualifying Examination (B.P.Ed.)	25 Marks
Games & Sports Certificate	25 Marks
Game / Athletic proficiency	50 Marks
Written Test	35 Marks
Personal Interview	15 Marks
Total	150 Marks

COURSES OF STUDY

M.P.Ed. (2024-2026)

SEMESTER - I

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
241MCC1	Sports Psychology & Sports Sociology
241MCC2	Physiology of Exercise
241MCC3	Tests, Measurement and Evaluation in Physical Education
Discipline Specific Elective Courses (Any one)	
241MECA / 242MECA 241MECB / 242MECB 241MECC / 242MECC 241MECD / 242MECD	• Adapted Physical Education • Sports Technology & Sports Engineering • Yogic Science • Sports Management and Curriculum Design in Physical Education
Part - II : Practicum	
241MPC1	Track and Field – I Running Events
241MPC2	Gymnastics (Floor Exercises)
241MPC3	Field / Laboratory Work-I: Sports Psychology & Physiology of Exercises Laboratory
241MPC4	Test, Measurement and Evaluation in Physical Education
241MPC5	Class Room Teaching-I & Organisation Participation in Project Sports Meet, Intramural & Extramural Competitions

Course code	Title of the Course
Part - III : Internship	
241MIC1	Games of Specialization-I (First Best) Basketball/Badminton/Cricket/Football/ Handball/ Hockey/ Kabaddi/Kho- Kho/ Tennis/Volleyball(Any one game)
Part-IV Ability and Skill Enhancement Course	
241AEC1 (or) 241AEC2	Ability Enhancement Compulsory Course: • Personality Development and Life Coping Skills (or) • Management of Hypokinetic Diseases
	Self-Study Hours

SEMESTER - II

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
242MCC1	Theories of Track & Field
242MCC2	Sports Biomechanics & Kinesiology
242MCC3	Athletic care and Rehabilitation
Discipline Specific Elective Courses (Any one)	
241MECA / 242MECA 241MECB / 242MECB 241MECC / 242MECC 241MECD / 242MECD	• Adapted Physical Education • Sports Technology & Sports Engineering • Yogic Science • Sports Management and Curriculum Design in Physical Education
Part - II : Practicum	
242MPC1	Track and Field II: Jumping events & Hurdles

Course code	Title of the Course
242MPC2	Field / Laboratory Work II
242MPC3	Yoga: Asanas, Pranayama, Kriyas, Bandhas, Mudras, Surya namaskar
242MPC4	Class Room Teaching-II & Organisation & Participation in Competitions in Project Sports Meet, Intramural & Extramural Competitions
Part - III : Internship	
242MIC1	Games of Specialization-I (First Best) Basketball/Badminton/Cricket/Football/ Handball/ Hockey/ Kabaddi/Kho- Kho/ Tennis/Volleyball(Any one game)
242MIC2	Teaching / Coaching /Officiating at Schools /Colleges/Institutions
Part-IV Ability and Skill Enhancement Courses	
242AEC1	Ability Enhancement Compulsory Course- Life Skill Management
242CCC1	Co-Curricular Course–Village Placement Programme
	Self-Study Hour

SEMESTER - III

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
243MCC1	Scientific Principles of Sports Training
243MCC2	Research Processes in Physical Education & Sports Sciences

Course code	Title of the Course
Discipline Specific Elective Courses (Any one)	
243MECA / 244MECA 243MECB / 244MECB 243MECC / 244MECC 243MECD / 244MECD	• Health Education and Sports Nutrition • Physical Fitness and Wellness • Special Olympics • Sports Journalism and Mass Media
Generic Elective Course	
243MGEC1 (or) 243MGEC2	• Indian Cultural Heritage (or) • Value and Environmental Education
Part - II : Practicum	
243MPC1	Track and Field III: Throwing Events
243MPC2	Class Room Teaching III & Organization & Participation in Project Sports Meet, Intramural and Extramural Tournaments
243MPC3	Gymnastics(with apparatus) and Combative Sports - Boxing/Fencing/Judo/ Taekwondo/Karate/Kalari (Any one)
243MPC4	Fitness Training: Conditioning Exercises
Part - III : Internship	
243MIC1	Games of Specialization-II(Second Best) Basketball/Badminton/ Cricket/ Football/ Hockey/Kabaddi/Tennis/Volleyball (Any one game) (First Best)
243MIC2	Teaching /Coaching/Officiating in Track & Field Events
Part-IV Ability and Skill Enhancement Courses	
243SEC1 (or) 243SEC2	Skill Enhancement Course • Any Approved Online Course (or) • Fit Students Fit Nation
	Self-Study Hour

SEMESTER - IV

Part-I: Theoretical Courses

Course code	Title of the Course
Core Courses	
244MCC1	Information & Communication Technology (ICT) and Education Technology in Physical Education
244MCC2	Applied Statistics in Physical Education & Sports
Discipline Specific Elective Courses (Any one)	
243MECA / 244MECA 243MECB / 244MECB 243MECC / 244MECC 243MECD / 244MECD	• Health Education and Sports Nutrition • Physical Fitness and Wellness • Special Olympics • Sports Journalism and Mass Media
Part - II : Practicum	
244MPC1	Track and Field – IV Combined Events
244MPC2	Class Room Teaching-IV & Officiating, Organization & Participation in Competitions in Project Sports Meet, Intramural and Extramural Competitions
244MPC3	Teaching / Coaching /Officiating in Game of Specialization(Second Best)
Part - III : Internship	
244MIC1	Game of Specialization–II(Second Best)
244MIC2	Internship - Coaching in Track and Field events & Specialization Games at Schools / Colleges / Institutions

Course code	Title of the Course
Part-IV Ability and Skill Enhancement Courses	
244SEC1 (or) 244SEC2	Skill Enhancement Course • Software Based Statistical Application in Physical Education (or) • Professional Preparation for SET/ NET in Physical Education
	Self-Study Hours
Part-V Dissertation	
244MDIS1	Dissertation

Doctor of Philosophy (Ph.D.)

Rules and Regulations for Ph.D. The candidates who secure 50% of the total marks altogether in entrance test, Interview and PG Degree are eligible for Ph.D. admission. The candidates qualified in NET/SLET/other National Level Eligibility Test are exempted from entrance test and they have to appear for the interview only. Such candidates secure less than 50% of marks in interview are not eligible for Ph.D. admission.

COMMON GUIDELINES FOR B.P.E.S., B.P.Ed. and M.P.Ed.

Attendance: Minimum of 75 percent attendance in theory and practicals in each semester is compulsory.

Medium of Instruction: The medium of instruction is English.

Course of Study: The total working days shall not be less than 200 working days in an academic year (Each Semester consists of not less than 100 working days excluding examination days).

Duration: The duration of the program shall be of two academic years with four semesters under the Choice Based Credit System. The semesters shall be from June to November and December to April for each academic year.

Students should be medically fit and free from any deformities and they should undergo medical examination at the time of admission.

VALUE ADDED & SELF-STUDY COURSES

Six courses are offered by the College, and classes for these courses are conducted after normal working hours for the benefit of the B.P.E.S., B.P.Ed. and M.P.Ed. students. School teachers can also join these courses. The descriptions of the courses are as follows:

1. Fundamental moves in Aerobics

Objectives & Outcomes:

- ◆ To demonstrate the basic skills associated with aerobic activities including step aerobics and floor aerobics.
- ◆ To demonstrate the ability to perform aerobic movements in various combination and forms.
- ◆ To understand and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ To demonstrate the ability to create and present various aerobic activities.
- ◆ To identify the major muscle groups and their application to aerobics.
- ◆ Explain the basic skill and fundamental moves associate with aerobics activities.
- ◆ Understanding and apply the knowledge of basic choreography, music selection and effective group management.
- ◆ Explain and understanding of health problems associated with inadequate fitness levels.
- ◆ Understanding of sound nutritional practices as related to health and physical performance.
- ◆ Analysis the physiological principles during the aerobics activities and rest periods.

2. Therapeutic Yoga

The yoga is very significant for maintaining physical and mental well-being of everyone irrespective of age, status and Nationalities. If this training is given to teachers, the society will be benefited at large. Keeping these factors in view, the certificate course on Yoga has been designed.

Objectives & Outcomes:

- ◆ To enable the student to have good health, mental hygiene and emotional stability.
- ◆ To attain higher level of consciousness and moral values.

3. Basic Skills and Officiating in Tennis:

Objectives & Outcomes:

- ◆ To create awareness about Basic Skills and Officiating in Tennis among the Physical Education Teacher Trainees.
- ◆ To understand the various basic skills & rules and regulations opportunities for Physical Education Teacher Trainees.
- ◆ To motivate the trainees to put in an application
- ◆ To update the knowledge in the area of Basic Skills and Officiating in Tennis.

4. Fitness Management

Objectives & Outcomes:

- ◆ To provide an understanding of effective Fitness management procedures.
- ◆ To get acquainted with different sports science disciplines that constitute a base of an effective exercise programme.
- ◆ To provide Orientation regarding different physical and motor fitness components.
- ◆ Understand training as performance based science.
- ◆ Explain different means and methods of various training modules.
- ◆ Prepare training schedules for various sports and games.

5. Kalaripayattu

Objectives & Outcomes:

- ◆ Discuss kalaripayattu and history, development of kalaripayattu
- ◆ Identify the various forms of kalaripayattu
- ◆ Discuss the classifications of weapons
- ◆ Outline the fundamentals of kalaripayattu
- ◆ Describe the process of animal postures
- ◆ Identify the various types of leg exercises

6. Powerlifting and Weightlifting

Objectives and Outcomes

- ◆ Proficient in lifting weights by mastering proper form and technique
- ◆ Develop increased strength and muscle mass
- ◆ Achieve improved body composition
- ◆ Enhance the performance in lifting weights
- ◆ Understand safety measures and injury prevention
- ◆ Gain confidence and motivation
- ◆ Acquire knowledge applicable to teacher trainees' physical fitness and future careers

7. Essentials of Soft Skills

The students and faculty suggested to conduct value added course on essentials of soft skill to the outgoing PG students, and it was presented in the IQAC and accepted by the members. It was commenced from the academic year 2024-25. The objectives of this course are:

Objectives and Outcomes

- ◆ Enhance communication skills through improved verbal and written proficiency, as well as active listening.
- ◆ Strengthen interpersonal abilities by nurturing empathy, rapport-building, conflict resolution, and negotiation skills.

- ◆ Develop leadership qualities, including teamwork, collaboration, decision-making, and problem-solving.
- ◆ Refine time management and organizational skills through effective prioritization and task delegation.
- ◆ Enhancement of emotional intelligence by increasing self-awareness, self-regulation, empathy, and social skills.

8. Scholarly Publication

Objectives and Outcomes

- ◆ To enhance learners success in scholarly publication by offering information resources, motivation, and a heightened sense of academic community.
- ◆ To acquire knowledge on various aspects of scholarly publication able to use a variety of strategies and tools to publish scholarly articles
- ◆ A higher acceptance / publication rate for learners, than prior to taking the course
- ◆ Learners able to understand various channels to publish scholarly communication
- ◆ Able to publish an article in the reputed journals.
- ◆ To increase visibility of research work of the learners

OTHER FACILITIES

Common Facilities and Laboratories

Smart Class

Smartclass is a technology leveraged to improve the teaching – learning system, which has evoked a new environment, new emotion in the classrooms. It is an environment where the teacher is empowered to teach better and student is inspired to learn better than before. smartclass can boast about multimedia, mapped to CBSE, ICSE, Stateboard curriculums, and explains the most difficult concept with easy clarity, bridging the learning gaps between the two stakeholders. It is equipped with exhaustive repository of well researched, digital modules of lessons (consisting of audio-video,

2D and 3D animations and graphics) on almost every subject from KG to class XII.

Library

The library is to provide information services and in the form print and e-resources to support the scholarly and information needs of the faculty members, research scholars and students. The Library is computerized with modern facilities and resources in the form of Books, Periodicals, CD-ROMs, etc. Library adopts Open Access System to enhance the access facilities. The library has been automated by implementing RF Technology. Very few Physical Education college libraries in India have been automated by implementing of RF Technology. The college library is fully automated and a full-fledged online service is provided to its users. The library also has a Wi-Fi facility.

Fitness Centre

Our college is having multi gym facility and all of our students are utilizing it for training purposes as well as the research purpose.

Powerlifting and Weightlifting Hall

The college established the powerlifting and weightlifting hall with UGC-SERO grant. The equipments procured and their photos attached here with. With these equipments, state level and national level weightlifting and powerlifting competitions can be conducted.

List of Laboratories

- ◆ Kinesiology and Bio-mechanics Laboratory
- ◆ Sports Medicine Laboratory
- ◆ Exercise Physiology Laboratory
- ◆ Anatomy, Physiology & Health Education Laboratory
- ◆ Isokinetic Laboratory
- ◆ Sports Psychology Laboratory
- ◆ Educational Technology Laboratory
- ◆ Computer cum Language Laboratory

Methods of Curriculum Transaction

Curriculum transaction plays a pivotal role in making to be teachers. At our College, emphasis is given on instructional techniques like Learner-centered, Experiential and Peer-learning methods. Subject-related practicals are mandatory for all the trainees. These techniques help our students to excel in their career as teachers.

Highlights of Evaluation System

Two continuous internal assessment tests and one model examination are conducted in one semester. The college adopts central valuation system in which both internal and external examiners are involved. The results are published within 10 days from the last day of the semester examination. By applying the system of transparency, the college allows the students to get photocopies of the term-end examination papers. The supplementary examination system is also followed.

HIGHLIGHTS OF STUDENT ACTIVITIES

Students are asked to organise seminars, workshops, educational exhibitions and student association activities. Students are encouraged to take part in state and national level seminars, workshops and educational competitions. Students help in maintaining the library and laboratories. Students donate blood in case of emergency and render service. Participation in community work, campus cleaning, cultural programmes and leadership training camps are other activities of our students.

Leadership Training Camp

Every year our college is conducting the Leadership Training Camp at Poondi. Every student shall undergo a 7 days Residential Annual Leadership Training Camp in an evergreen forest as an educational project.

Play Festival

The Play Festival was started in the year 1956, to commemorate the centenary of Bhagavan Sri Ramakrishna. About 3000 children from 58 schools participate in the play festival in which they perform various types of exercises to the tune of devotional and patriotic songs. Every year around 2500 children from various Panchayat

Union Elementary Schools of Perianaickenpalayam and Karamadai will participate in the demonstration of physical and play activities.

Each student must go to train elementary school students in various play activities for a period of 11 days and assist his trainees for a combined mass drill at the college campus (100 marks compulsory activity).

Teaching Practice

Undergoing Intensive Practice Teaching in neighboring schools is compulsory for all the students (100 marks).

For experiential learning, teacher trainees undergo teaching practice in the college on all Wednesdays under the guidance of a faculty allotted for this purpose.

Teacher trainees give their reactions, difficulties faced and strategies adopted to solve them. The faculty gives their generalized comments on the teaching practice as a whole. The whole session becomes quite lively and reflective.

Teaching practice at schools is systematically arranged by involving the head of the institution, teaching practice staff in-charge, head of the school and school mentor teacher (physical director/physical education teacher) and make a detailed plan of the teaching practice programme for the academic year.

Project Track and Field Meet

Every year students are provided academic credits for successful execution of project sports meet. A group of students shall be given the responsibility of organising and officiating a track and field meet and tournaments in the institution.

CAMPUS INTERVIEW FOR STUDENTS

The college arranges campus interview for the students every year. 100% of the students get employment before completing the course.

RESIDENTIAL FACILITIES

Residential living is not compulsory for the students of the college. The hostel in the campus provides decent boarding and lodging

facilities for students and the participants of in-service programmes are accommodated in a separate hostel. Prayer hall, recreation room, reading room, first-aid kit and health care facilities are available for our students.

Sufficient quarters are available for all staff provided they wish to stay in campus.

RAGGING

Ragging is an unpardonable injustice against students community and students who indulge in this barbarian act will definitely be expelled from the institution and also punishable by law (vide GO MS No 469 ES & T / dated 24.04.1989 and DTE Lr No 109717/J3/88 dated 22.09.1989.)

HOSTEL RULES AND REGULATIONS

1. Students will be allowed to stay only for that academic year.
2. Students who are willing to discontinue from the hostel has to pay the full fees.
3. 1st instalment fees have to be paid at the time of admission itself.
4. Social service is essential thing in the hostel life. Students have to keep their rooms and surroundings clean. For this, duty will be allotted on the basis of rotation.
5. For students those who go out of the campus without the permission of warden the management of college and hostel will not be responsible if at all anything happened
6. Students should not keep any costly items as well as excess money with them, else they are responsible for any loss.
7. Students should keep their cupboards safely, else recovery will be made for the repair work.
8. Cell phone and radio are strictly prohibited within the campus. If any one violate this they have to abide the disciplinary action taken by the management.

9. Students who involve in the activities which is against the name and fame of the college as well hostel will be dismissed from the college.
10. Students have to attend evening prayer without fail.
11. Students who want to go to their native place for holidays have to get prior permission from the warden
12. Students should not bring any outsiders to the hostel.
13. With regard to problems related to students, final decision will be made by the management other students will not interfere in this regard.
14. Students have to take bath only during the stipulated time.
15. With regard to disciplinary problem, parents have to meet the Principal as well as warden if needed.
16. Students will not be allowed to stay inside the hostel during the class hours, else action will be taken.
17. When going to teaching practice in schools all have to go with their uniform, and they have to maintain discipline there too. Also they should not indulge any activities which affect the name and fame of the institution.

Mess

1. Vegetarian food alone is provided
2. Food will be supplied only during the mess timings. Students have to maintain silence in the mess
3. Water and food should not be wasted at any circumstances
4. Mess fees reduction will not be allowed
5. Relatives/friends will be allowed in the mess only after getting permission from the warden and amount will be collected from the student for the same.

OUTREACH ACTIVITIES

Academic Development

The outreach program provides students with an opportunity to understand their course content, make them aware of the

determinants of health, valuing the pedagogy of transacting physical education curriculum and also developing their career. Students articulated their enthusiasm for training in outreach programmes with a sense of growing confidence in their abilities and development of practical sports skills. The academic field visits also contribute in the enhancement of their theoretical knowledge and competencies. Many studies conducted in the field of sports and games also advocate the fact that 'the opportunity to apply learned theories in a new setting would insulate more practical experience and undoubtedly enhance the students' learning opportunities.

Personal Development

With the increase in out-reach activities, there is an inevitable increase in breadth of experience. These activities improve upon the identity of an individual, develop potential, facilitate employability, enhance quality of life and contribute to the realization of aspirations of students. The involvement of students in outreach activities lays the foundation for developing not only skills in physical education but also developing life skills by acquiring them by envisioning their aims in life, and setting goals to realize and maximizing their potential.

Skill Enhancement

The out-reach activities enable the college students to recognize the value of a multidisciplinary approach in physical education, and make them feel comfortable while working with others in the community. Students also realize that teaching and learning within an outreach context is neatly structured, prepackaged, and time scheduled. Working in the outreach setup had increased the participants' self-confidence as they are solely in managing their assigned duties. As a result, positive effects were observed on the students learning experience, appreciation for the need of teamwork, development of organisational and communication skills.

Service to deprived students

Outreach programs are beneficial not only by providing the students an academic foundation but also developing their self-confidence, leadership qualities, and their responsibilities toward the community. These activities strengthened their sense of

responsibility toward their studies and had a positive impact on their attitudes to develop physical education skills among students of disadvantaged communities. Such outreach experiences were effective as an adjunct to traditional school-based training in improving students' confidence in enhancing skills in sports. Due to these experiences students not only become knowledgeable in the specialized area of physical education but also develop features such as community awareness, community involvement, commitment to service, career development, self-awareness, leadership qualities, awareness of determinants of health, and understanding of course content.

Civic Responsibility

The outreach activities provide opportunities to build a partnership between the institution and the community thus recognizing the value in developing key relationships with schools in order to support the school curriculum and students' knowledge. Working in outreach settings develop the cultural competencies while interacting and communicating with the individuals of the community, appreciation of their support, and physical education efforts extended by them.

Other Institutions of Vidyalaya

1. Vidyalaya High School (1930): It is the oldest of the Vidyalaya institutions. About 250 students study in Std. VI to X. Medium of instruction is Tamil. The concept of integrated education for the blind has been successfully implemented in the school for the last 20 years.

2. T.A.T. Kalanilayam (1940): This non-residential coeducational Middle School is catering the needs of students from the local community. About 600 students, mostly from families that are financially weak, study here.

3. Gandhi Teacher Training Institute (1942): It offers fully residential two-year Diploma in Teacher Education for students who have passed Plus Two.

4. College of Education (1950): The college offers B.Ed. programme with methodologies in Biological Science, Commerce. Mathematics. History, Physical Science and Special English and M.Ed. Part time M.Phil and Ph.D courses are offered. This college also houses the Indira Gandhi National Open University's study centre which offers B.Ed., M.Ed. and M.A. Educational programmes. Apart from the formal courses, the college offers application - oriented diploma courses such as Computer Awareness, Educational Applications of Television, Library and Information System, Educational Psychology and Child Education. Besides these, certificate courses in Spoken English and Yoga are also offered.

5. Industrial Training Institute (1951): It has a student strength of about 400. Offers skill-oriented two-year Certificate courses in different trades under the National Council for Vocational Training to students who have completed SSLC or Plus Two. For the benefit of students of Vidyalaya and the general public who live around Vidyalaya, a CNC Training Centre, a Driving School and a Vehicle Emission Testing Centre are functioning. All the three are well-utilized by the students and general public.

6. Institute of Agriculture and Rural Development (1956): This offers two-year Diploma in Agriculture and Rural Development for students who have passed Plus Two. It is recognized by the Tamil Nadu Agricultural University. Students strength is about 100.

7. Polytechnic College (Autonomous) (1956): It has a student strength of about 800. Offers three-year Engineering Diploma in Mechanical, Civil, Electrical and Electronics, and Information Technology.

8. Swami Shivananda Higher Secondary School (Boys Campus) (1960): The school has about 700 students in Std. VI to XII.

9. College of Arts and Science (Autonomous) (1964): The college was started in 1964 with the blessings of Srimat Swami Madhavanandaji Maharaj and has completed 59 years of purposeful service to the student community and society. "The College has a Unique Mission of developing the youth by imparting intellectual training; equipping them with vocational skills so as to make them employable; inculcating in them the right attitudes, values, and

moral character; and developing a holistic personality of its students with a balanced development of head, heart and hand."The College was accredited by NAAC with 'A+' grade in the year 2023. The College offered 15 UG programmes and 7 PG programmes and 3 Diploma programmes in both aided and unaided streams, besides offering 10 M.Phil. and Ph.D. programmes. Besides academic studies, students have displayed their talents and skills in sports, literary and cultural competitions held at various levels.

10. Swami Shivananda Higher Secondary School (Girls Campus) (1989): This partly residential self-financing school has a student-strength of about 800 in LKG to XII.

11. Faculties of the Ramakrishna Mission Vivekananda Educational and Research Institute: Ramakrishna Mission Vivekananda Educational and Research Institute (RKMVERI), established in the year 2005, has its headquarters at Ramakrishna Mission, Belur Math, Howrah, West Bengal. Four of its faculties are functioning at the IHRDC campus of Ramakrishna Mission Vidyalaya, Coimbatore:

- a) **The Faculty of Disability Management and Special Education (FDMSE)** offers Diploma, B.Ed., M.Ed. and Ph.D. programmes in Special Education (Visual Impairment, Hearing Impairment and Mental Retardation), and other diploma programmes in Sign Language Interpretation, Community-based Rehabilitation and Computer Applications for the Disabled. Students from all over India have been pursuing these courses since it was established in 2005.
- b) **The Faculty of General Adapted Physical Education and Yoga (GAPEY)** was established in the year 2007. It offers B.Sc. (Physical Education), B.P.Ed., M.P.Ed., Ph.D., Certificate Courses in Adapted Physical Education, Yoga, Kalaripayattu, Fitness, Aerobics and Tennis; and Diploma Course in Special Olympics and Paralympics.
- c) **Faculty of Agriculture, Rural and Tribal Development (ARTD):** The ARTD, earlier known as Faculty for Agriculture Education and Research (FAR). In order to address the challenging tasks emerging in the field of rural and tribal development, a FIVE year Integrated M.Sc. in 'Integrated Rural

and Tribal Development' programme and a M.A. / M.Sc. in Rural Development and Management programme have been started from the session 2022-23.

- d) Department of Computer Science (DCS) under the School of Mathematical Science:** It conducts an 5 year integrated M.Sc. (CSA) Programme and 2 year M.Sc.(CSA) Programme, which are needed to meet newer skills, recent trends in industry and cutting-edge technology.

12. Integrated Rural Development Scheme: The Vidyalaya has been rendering rural development service since the year 2002 under the title 'Vidyalaya Integrated Rural Development Scheme'. Economically backward residents of areas such as Arivoli Nagar, Jeeva Nagar, Ambedkar Nagar, Pudupudhur, etc., were benefited through various development activities undertaken there.

XIII. SUPPORT SERVICES

Book stall: A bookstore / sales section has been in operation since June 2009.

Printing Press: A modern computerized press takes care almost all the needs of the Vidyalaya.

Digital Technology Centre: With two engineers and one assistant engineer, located in the Vidyalaya Maintenance Section, takes care of the maintenance and repairs of all computers (around 1000), printers, scanners, etc., in the various institutions of the Vidyalaya.

Construction and Maintenance Department: This takes care of practically all the requirements of the Vidyalaya, including the construction of new buildings etc.

Dairy and Goatery: About 30 milch animals are maintained to serve hands-on training to our students of the Institute of Agriculture and Rural Development.

Disabled Trainees Vocational Production and Rehabilitation Centre: A Notebook Section has been in operation in the Vidyalaya campus since 1992. Besides catering to the needs for notebooks of our various institutions within the campus, the section takes orders on a selective basis from other institutions as well with the

primary objective of providing employment to the economically backward and the physically challenged. Notebooks are priced at bare minimum.

Ramakrishna Mission Vidyalaya Charitable Dispensary: The Charitable Dispensary of the Vidyalaya caters to a population of around 8000 students and 800 staff members and their families besides a large number of underprivileged people residing in the surrounding areas. In addition to regular general consultation, it also offers consultation by specialists in the areas of orthopedics, neurology, pediatrics, cardiology, gynecology, diabetes, skin, asthma, dental, ENT, general surgery, etc. On an average, around 150 patients visit the dispensary for consultation every day. As part of the medical services, many free medical camps will be organised for the benefit of the underprivileged.

Ramayana Park based on Indian epics - a project to promote Indian values: The Ramayana Park has been set up with the aim of taking our ancestors individual, family, social, ethical, and moral values to the general public. It is structured around the images of twenty-one important personalities of the Ramayana with their respective characteristics. The Park is an innovative and eye-catching attempt so children can have facilities for exercise and recreation, and at the same time cultivate a mind to appreciate the Ramayana's subtle power of developing character, art, and culture.

Sarada Noon Meal Scheme: Ramakrishna Mission Vidyalaya Provides free noon meal scheme to the deserving students on all working days of the college. The alumni and philanthropist of the institutions also support the successful implementation of the scheme.

Sister Nivedita Anna Yojana: Under this scheme 50 old age people those who were isolated or abandoned by their family members in near by villages of Vidyalaya are identified and food packets are being distributed at their doorsteps on all days except Sunday. This programme initiated by Vidyalaya is governed by the Department of Social Work

The above facilities are used by the Maruthi College of Physical Education whenever necessary.

CELEBRATIONS AT VIDYALAYA

International Yoga Day: The United Nations General Assembly declared 21st June as International Day of Yoga. Since 21st June 2015 the International Day of Yoga is being celebrated by the students of Sri Ramakrishna Mission Vidyalaya at our college ground.

The Kalpataru Day: The day on which Sri Ramakrishna revealed his true identity and blessed his followers is celebrated on the 1st of January every year as the Kalpataru Day.

The Gurupuja: The public celebration of Sri Ramakrishna's birthday is celebrated on the 1st Sunday of January every year with devotion and fervour. Thousands of devotees attend this function and receive the blessings of the Gurudev. They listen to devotional songs and watch cultural programmes performed by the students of the Vidyalaya. Students of the Vidyalaya exhibit their scientific talents by presenting their models and invention in Science. Eminent speakers enlighten the audience their devotional fervour.

The National Youth Day: As declared by the Government of India, the birthday of Swami Vivekananda, is celebrated during 12th January every year. More than 1500 students including 100 staff members involve in this celebration. A youth rally is conducted with Swamiji's sayings and pictures as mobile exhibitions. Sports competitions, oratorical competition and essay writing competition are held.

Youth Convention: A 3-day residential 'Youth Convention' for youth from Tamil Nadu on the theme 'Young India, Arise!' is held every year. Male and female youth delegates from various educational institutions, participate in the convention. The camp routine for the three days included guided meditation, morning bhajans, yoga, talks on value-oriented topics by eminent speakers, a debate, and undertaking of pledge by the delegates. A film show on a theme of social importance is also screened during one of the sessions. Recreational games are conducted for the youth in the evenings. Participation certificates are issued to all the delegates.

World Disability Day: The Third Day of December every year is observed as the World Day for the Disabled all over the world. This day

provides an opportunity to focus the attention of Government and the society towards the problems of the handicapped community. The handicapped draw inspiration to integrate themselves into the mainstream of social life. This occasion gives an opportunity to the community to express its solidarity with the disabled people.

Birthday Celebration: The birthday of Sri Ramakrishna, Sri Sarada Devi, and Swami Vivekananda are celebrated with special puja, homa, bhajans and arati at the Vidyalaya's Prayer Hall.

Vidyarthi Homa: The Vidyarthi Homa is the induction of youth into the life of a student. This is performed with a homa, accompanied by mantras and bhajans reflecting the traditional values of the ancient gurukula. The newly admitted students from all the institutions of the Vidyalaya participate in the Vidyarthi Homa. Each student receives guidance regarding his conduct in student life.

Saraswathi Puja: The Saraswathi Puja is solemnly celebrated in all institutions, hostels and other departments of the Vidyalaya. Entire staff and students participate in the puja.

Kalaimagal Vizha: Kalaimagal Vizha, the annual three day event in commemoration of the Navaratri, is celebrated in the Vidyalaya during the month of October. Eminent speakers and performing artistes are invited on the occasion. Students from various institutions of the Vidyalaya give inspiring drama and dance performances.

Graduation / Convocation Day: The Graduation Ceremonies are conducted for the graduating students from the Post - Matric Institutions and Colleges of the Vidyalaya to administer oath taking and bid farewell with the counsel to function as diligent citizens in their walks of life. Dignitaries from different sectors of society embellish this occasion.

Republic Day and Independence Day Celebration: The Republic Day and Independence Day are Celebrated on 26th January and 15th August respectively every year in a grand scale with march past, flag hoisting and special address where all the institutions participate together. A rolling trophy for the best marching contingent is awarded.

Vidyalaya Foundation Day: Vidyalaya Foundation Day is observed every year on 3rd February. As a mark of respect to the founder of the Vidyalaya, Dr. T.S. Avinashilingam, public meetings are conducted on that day and eminent persons visit the Vidyalaya to address.

Spiritual Retreat: Spiritual Retreats are conducted for the devotees every year. Hundreds of devotees from various parts of the nation attend the retreats. Retreats are also conducted for the members of the staff of the Vidyalaya.

TEACHING STAFF

S.No.	Name	Designation
1.	Dr. T. Jayabal, B.Com., M.P.Ed., P.G.D.Y., Ph.D.,	Principal
2.	Dr. E. Amudhan, B.Sc., M.A., M.Sc., M.P.Ed., M.Phil., N.I.S(C), T.T.C.Y., D.C.A., P.G.D.S.M., P.G.D.Y., P.G.D.S.O., Ph.D.,	Associate Professor
3.	Dr. V. Saminathan, M.Com (CA), M.P.Ed., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor cum Controller of Examinations
4.	Dr. T. Thangamani, B.Com., M.Com., M.Sc., (Yoga & Psy), M.P.Ed., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
5.	Dr. M. Srinivasan, B.C.S., M.P.Ed., M.Phil., P.G.D.S.M., P.G.D.Y., P.G.D.P., P.G.D.T., Ph.D.,	Assistant Professor
6.	Dr. A. Needhiraja, B.Sc., M.P.Ed., M.Phil., Ph.D.,	Assistant Professor
7.	Dr. V. Balamurugan, B.A., D.T.Ed., M.P.Ed., M.Phil., P.G.D.Y., Ph.D.,	Assistant Professor
8.	Dr. A. Velayutham, MCA., M.L.I.Sc., M.Phil., Ph.D.,	Librarian
9.	Dr. P. Senthil Kumar, MIB, MPED, HDCA, PDGY, PGSBSA, Ph.D.	Assistant Professor
10.	Dr. S. Manikandan, M.A., TPT., Ph.D.,	Assistant Professor (Tamil)
11.	Dr. Dr. K. Tamizhmaran	Assistant Professor
12.	Dr. N. Kodeeswaran	Assistant Professor

GUEST FACULTY

S.No.	Name	Designation
1.	Dr. A. Sathiyamoorthy, M.P.T., (Sports), CKTP, MIAP,	Assistant Professor cum Physiotherapist

S.No.	Name	Designation
2.	Sri R. Thennarasu, M.A.,	Assistant Professor (English)

ADMINISTRATIVE STAFF

S.No.	Name	Designation
1.	Sri V. Mohanraj	Junior Assistant (Spl.Gr.)
2.	Sri L. Jagadeesan	Typist
3.	Sri R. Anandaraja	Office Assistant
4.	Sri R. Rajendran	Groundsman (Super.Gr.)
5.	Sri P. Prabhu	Groundsman
6.	Sri D. Gunasekaran	Groundsman
7.	Sri V. Anbu	Groundsman
8.	Sri S. Sundaram	Office Assistant
9.	Sri R. Chandran	Groundsman

IQAC MEMBERS

S.No.	Name and Designation	Designation
1	Swami Virahananda	Member from the Management
2	Dr.T.Jayabal	Chairperson
3	Dr.V.Saminathan Assistant Professor	Member
4	Dr.T.Thangamani Assistant Professor	Member
5	Dr.M.Srinivasan Assistant Professor	Member
6	Dr. A. Needhiraja Assistant Professor	Member

S.No.	Name and Designation	Designation
7	Dr.V.Balamurugan Assistant Professor	Member
8	Dr.P.Senthilkumar Assistant Professor	Member
9	Dr.A.Velayutham Librarian	Member
10	Sri V. Mohanraj Junior Assistant (Spl.Gr)	Senior administrative officer
11	Dr.R.Giridharan Associate Professor and Head Ramakrishna Mission Vivekananda Educational and Research Institute Faculty of General & Adapted Physical Education and Yoga Coimbatore Campus, SRKV (PO) Coimbatore-641 020.	Management nominee
12	Dr.M.Jagadesh Assistant Professor in Education Sri Ramakrishna Mission Vidyalaya College of Education Coimbatore-641 020	Management nominee
13	Dr.B.Kannabiran Physiotherapist and Social Activist Subam clinic Thudiyalur,Coimbatore-641034	Nominee from local society
14	Sri. S. Bharath (Student), MPed- II Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Coimbatore-641 020	Nominee from Stakeholders (Students)

S.No.	Name and Designation	Designation
15	Sri. M. Donald (Student), BPED - II Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education SRKV Post, Coimbatore-641 020	Nominee from Stakeholders (Students)
16	Dr.T. Radhakrishnan (Alumnus) Professor and Head Department of Physical Education Bharathiar University Coimbatore-641 046	Nominee from Stakeholders (Alumni)
17	Sri.N.Periasamy Headmaster Sri Ramakrishna Mission Vidyalaya Swami Shivananda Higher Secondary School SRKV Post Periyanaickenpalayam Coimbatore-641 020	Nominee from Employers
18	Dr.Yuva Dayalan Former Indian Badminton Player No.42/49, Raja Street Padi, Chennai-600 050	
19	Sri.N.Manoharan Nanjappa Equipment Manufacturers of Fitness and Gym Equipment 6, Ramaswamy Naidu Street Velandipalayam Coimbatore-641 025	Nominee from Industrialists
20	Sri R.Aruchamy 173/45 M.G.R. Nagar Kasthuripalayam Periyanaickenpalayam, SRKV (PO) Coimbatore-641 020	Nominee from Stakeholders (Parent)
21	Dr. E. Amudhan Associate Professor	Coordinator

STAFF OTHER RESPONSIBILITIES

Staff	Other Responsibilities
Dr. E. Amudhan	1. Internal Quality Assurance Cell (IQAC) 2. National Assessment and Accreditation Council (NAAC) 3. Annual Quality Assurance Report (AQAR) 4. Academic and Administrative Audit (AAA) Committee 5. All India Survey on Higher Education (AISHE) 6. External Peer Team Report of IQAC 7. Collecting and Maintaining Board of Studies and Academic Council Documents 8. Collecting and Maintaining the Reports 2024-2025 9. Staff Council Meeting 10. Time Table Committee 11. Yoga Hall 12. Isokinetic laboratory 13. Certificate course in Yoga 14. Fit Vidyalaya 8th standard curriculum
Dr. V. Saminathan	1. Controller of Examinations 2. Academic Calendar 3. UG and PG internship 4. Convocation function 5. College Website 6. Grievance Redressal Cell 7. Examination Committee 8. Planning and Evaluation Committee 9. Internal Complaints Committee 10. MPed IIInd Year Class Teacher 11. Certificate course in Fitness 12. Fit Vidyalaya - 7th Standard Curriculum

Staff	Other Responsibilities
Dr. T. Thangamani	1. Preparation of MPED Board of Studies Minutes and Syllabus 2. Alumni Engagement Activities 3. Play Festival and UG Internship 4. Extramural Director (organizing and officiating the tournaments) 5. Purchase Committee 6. Experiential Learning through Yoga Teaching Programme for PG Teacher Trainees 7. Sports Psychology Laboratory 8. MPED Ist Year Class Teacher 9. Intellectual Property Right (IPR) Cell 10. Fit Vidyalaya-6th standard curriculum 11. Leadership Training Camp 12. Cyber Club 13. Anti-Ragging Cell 14. Anti-Drug Club
Dr. M. Srinivasan	1. Autonomous 2. National Council for Teacher Education (NCTE) - Performance Appraisal Report (PAR) 3. Self-Study and Value Added Courses 4. Research and Professional Development Committee 5. Preparation of BPES Board of Studies Minutes and Syllabus Preparation 6. Gurupuja Games 7. Annai Sarada Devi Noon Meal Scheme 8. Intramural Director 9. Fit Vidyalaya Coordinator 10. Students and Staff Uniform Distribution 11. BPES Illrd Year Class Teacher 12. Kinesiology and Biomechanics Laboratory 13. Certificate course in Tennis

Staff	Other Responsibilities
Dr. A. Needhiraja	1. Preparation of BPED Board of Studies Minutes and Syllabus 2. Faculty and Students Exchange Programme and MoUS Activities 3. National Service Scheme Programme Officer, Unnat Bharat Abhiyan, Swachh Bharat 4. Intramural House in charge 5. BPED IInd Year Class Teacher 6. Theory Classes and Remedial Classes Coordinator 7. Exercise Physiology Laboratory 8. Certificate Course in Aerobics 9. Feedback Report and Analysis 10. Anti-Discrimination Cell 11. Fit Vidyalaya - 6th standard curriculum 12. Admission Committee
Dr. V. Balamurugan	1. Students Literary Association 2. Mentor Mentee Meeting 3. Adapted Physical Education Laboratory 4. Practicum Coordinator 5. Field Visit 6. BPES IInd Year Class Teacher 7. Annai Sarada Devi Noon Meal Scheme Assistance 8. Intramural House in charge 9. Weightlifting and Powerlifting Hall 10. Certificate course in Weightlifting and Powerlifting 11. Fit Vidyalaya - 7th standard curriculum
Dr. P. Senthilkumar	1. Fitness Centre 2. BPED-Ist Year Class Teacher 3. Anatomy and Physiology & Health Education Laboratory 4. Gurupuja Exhibition In Charge 5. Intramural House in Charge 6. Village Placement Programme 7. Certificate Course in Kalaripayattu 8. Inter-Vidyalaya Institutions Tournaments & National Sports Day Celebration Coordinator 9. Course Materials Coordinator 10. Fit Vidyalaya - 8th standard curriculum in charge 11. Career Guidance and Placement Cell
Dr.A.Velayutham	1. Library Advisory Committee 2. College magazine In Charge 3. Website Assistance 4. Gurupuja Exhibition Assistance

Staff	Other Responsibilities
Dr. S.Manikandan	1. College magazine 2. Students Literary Association Activities 3. Tamil oratorical Competition 4. Cultural Events 5. Tamil Quiz Competition
Sri.R.Thennarasu	1. College magazine 2. English oratorical Competition 3. Cultural Events 4. English Quiz Competition 5. Essentials of Soft Skills
Dr.K.Tamizh Maran	1. BPES-Ist Year Class Teacher 2. Play Festival Assistance 3. Intramural House in charge 4. Maintenance of Campus and Infrastructure 5. Green Initiative Committee 6. Swachh Vidyalaya
Dr. N. Kodeeswaran	1. Field visit 2. Gurupuja Exhibition Assistance 3. English language cum Computer Laboratory 4. Energy Conservation Cell 5. Intellectual Property Right (IPR) Cell 6. Waste Management Cell

CODE OF CONDUCT FOR TEACHING STAFF

1. Staff shall discharge their duties efficiently and diligently to match with the academic standards and performance norms lay down by the College Management from time to time.
2. Staff shall update their knowledge and skills to equip them professionally for the proper discharge of duties assigned to them.
3. Staff shall conduct themselves with absolute dignity and decorum in dealing with the superiors, colleagues and students every time.
4. Staff shall not absent from duties at any time without prior permission from higher-ups.

5. Staff shall not associate with any political party or take part in any other organizational activity, which is not in line with the duties and ethics of the teaching profession.
6. Staff shall not attempt to bring any political or outside pressure on their superior authorities in respect of service matters.
7. Staff shall not participate in any strike or demonstration and / or indulge in any criticism of College Management policy or of the Government for any reason whatsoever.
8. Staff shall not act in any manner that violates the norms of decency or morality in their conduct or behaviour inside and outside the College Campus.
9. Staff shall not incite, provoke or instigate any students or any other member of the staff into any form of action against the College Management, or that seeks to disrupt the academic activities of the College.
10. Staff shall not by act or deed degrade harass or insult any other person for any reason whatsoever or act in a manner unbecoming of the teaching profession.
11. Staff in the service of the College shall at all the time strive for academic excellence in the discharge of their duties and conduct themselves in the manner of a perfect role model for others to emulate.
12. The College Management may, however, at its sole discretion provide an opportunity to the staff for presenting specific case through a personal hearing before taking a final decision. The decision of the College Management will be final and binding and will not be subject to any appeal to any individual or forum.

CODE OF CONDUCT FOR STUDENTS

1. Students are expected to maintain the highest standard of discipline and dignified manner of behaviour inside as well as outside College campus they shall abide by the rules and regulations of college and should act in a way that the discipline and esteem of the college.

2. All the students are expected to be present in the class well within time late coming will also result in loss of attendance for the corresponding hour.
3. Students should get up from their seat when the teacher enters the classroom and remain standing till the teacher takes his seat or they are allowed by the teacher to sit. Silence shall be observed during class.
4. Teachers shall be treated appropriately with good morning sir/ good afternoon sir and thank you sir when the teacher leaves the class room.
5. No student shall enter or leave the class room when the session is on without the permission of the teacher concerned.
6. In the events of seminar and workshop it is compulsory that all the students should be present for the entire session.
7. All leave application (regular and medical) shall be submitted in time for sanction by concern class teacher. Application for medical leave shall be accompanied by a valid medical certificate.
8. All the students are expected to attend college functions in college uniform unless otherwise specified.
9. All the students shall wear their identity card.
10. Students are encouraged to make use of the library, common computing facilities and to involve in professional body activities or any program authorized by the college beyond class hours however under normal circumstances students shall Retreat to their hostel for residence by 6:00 p.m.
11. All the students are advised not to use mobile phone in the college campus.
12. Keep the campus neat and clean do not put any waste anywhere in the campus except in the waste basket kept.

13. Conception of intoxicant psychotropic substance in any form or smoking or using chewing gum, pan masala etc. are strictly prohibited.
14. It is strongly advised to refrain from activities such as scribbling or noting on walls, door or furniture which could deface the college and destroy the academic ambience.
15. Carefully handle the furniture, equipment, fixtures and appliance of the college and lab. Careless handling/ misuse of the above could result personal injuries or damages to property.
16. Students are not permitted to arrange any unauthorised celebrations and decorations of any magnitude in the campus.
17. Students are not permitted to disturb or display (both physical and electronically) material such as notices banners etc. in the campus without the permission of the competent authority.
18. Students are expected to make use of academic, co-curricular and extracurricular facilities available to the optimum levels. This will certainly make them physically fit, academically competent, mentally alert and socially sensitive.
19. On duty leave applications will not be entertained beyond 10 working days from the actual date of leave under any circumstance. The maximum number of on duty leave admissible is restricted to 10 days per semester.
20. During internal examinations of 2 hour period, students are not allowed to leave the hall within 1 hour from the beginning of the exam and students have to occupy the seat five minutes before the commencement of the examination.
21. Political activity in any form is not permitted in the college campus. Unauthorised meetings, propaganda, processions or fund collections are forbidden within the college, hostels and outside the college.

22. Harassing juniors, ill treatment to other fellow students or any such form of ragging is objectionable and liable to be treated as criminal offence by the law enforcing agencies as per the directives of Honorable Supreme Court of India.
23. Expulsion from the college is leads to expulsion from the hostel as well.
24. If there is a case against a students for a possible breach of code of conduct, then a committee will be formed to recommend suitable disciplinary action who shall inquire into the alleged violation and accordingly suggest the action to be taken against the said student. The committee may meet with the student to ascertain the time the misconduct and suggest one or more of the following disciplinary actions based on the nature of conduct.
25. Community service- For a specified period of time to be extended if need to need be. However, any future misconduct along with failure to comply with any conditions imposed may lead to severe disciplinary action, including suspension or expulsion.
26. Expulsion- Expulsion of a student from the institute permanently. Indicating prohibition from entering the Institute premises or participating in any student related activities or campus residence etc.
27. Monetary penalty- May also include suspension or forfeiture of scholarship/ Fellowship for a specific time period.
28. Suspension- A student may be suspended for a specified period of time which will entail prohibition in participating the students related activities, classes, programs etc. Additional, the students will be forbidden to use various Institute facilities unless permission is obtained from the competent authority. Suspension may also followed by possible dismissal, along with the following additional penalties. Ineligibility to reply for admission to the institute for a period of three years and withholding the grade card or certificate for the programmes studied in the institute.

CODE OF CONDUCT FOR ADMINISTRATIVE STAFF

1. All matters related to UGC/College to be checked corrected and make available to the Principal/ Director & Secretary.
2. Attending 6 days in a week and whenever required extend it to clear pending duties.
3. Keeping list of students having fees arrears up to date, taking appropriate follow-up as per the direction of the management.
4. All the requirements related to the college like Library/ Class room/ Staff room/ Computer Lab/ other labs of the college has to be assessed and invite quotations from different vendors and do the comparative study on price and quality before the purchase. (The quotations can be forwarded to Management for finalization and clarifications).
5. Don't involve in irrelevant discussion and maintain silence in the office and surroundings.
6. Responsibility for the overall performance and monitoring of the college developmental activities.
7. Gathering, adapting, storing and distributing information's within the College.
8. Organizing, providing leadership and controlling all administrative functions in the department.
9. Rendering a service to other functions within the organization.
10. Efficient housekeeping & catering requirement for guest / employee.
11. Liaison works with all Government offices like Collector (students' scholarship), Police station (Any problem solving), Telephone Electricity, Water, Panchayat, etc.
12. Monitor printing and updating documents of the organization.
13. Maintenance and supervision of all office and academic records.





What Our Emblem Signifies

The wavy waters in the picture are symbolic of Karma, the lotus of Bhakti and the rising sun of Jnana. The encircling serpent is indicative of yoga and the awakened Kundalini Shakti, while the swan in the picture stands for the Paramatman. Therefore, the idea of the picture is that by the union of Karma, Jnana, Bhakti and Yoga the vision of the Paramatman is obtained.

- *Swami Vivekananda*

The Olympic Oath

"In the name of all competitors, I promise that we shall take part in these Olympic Games, respecting and abiding by the rules that govern them, in the true spirit of sportsmanship, for the glory of sport and the honour of our teams."

THE OLYMPIC MOTTO

"Citius, Altius, Fortius - Communiter"

These three Latin words mean

"Faster, Higher, Stronger - Together"

ACADEMIC CALENDAR - 2024-2025

JUNE 2024

Date	Day	Programme	Working days in a Month	Total working days
1	Saturday			
2	Sunday			
3	Monday			
4	Tuesday	Pre Board of Studies		
5	Wednesday	Admission Committee Meeting		
		Time Table Committee Meeting		
6	Thursday			
7	Friday			
8	Saturday			
9	Sunday			
10	Monday			
11	Tuesday	Board of studies meeting		
12	Wednesday			
13	Thursday			
14	Friday			
15	Saturday			
16	Sunday			
17	Monday	Bakrid		
18	Tuesday	Academic Council Meeting		
19	Wednesday	College Re-opens for B.P.E.S II & III, BPed II & MPed II - Odd Semester	1	1
20	Thursday		2	2
21	Friday	International Day of Yoga	3	3
22	Saturday			
23	Sunday			
24	Monday	Selection Trials for BPES, BPed & MPed	4	4
25	Tuesday		5	5
26	Wednesday	International Day Against Drug Abuse and Illicit Trafficking, Finance Committee Meeting	6	6
27	Thursday	IQAC Meeting (Fourth Quarter 2023-2024)	7	7
28	Friday	Orientation Programme - Fit Vidyalaya	8	8
29	Saturday			
30	Sunday			
Total No. of Working Days =8			8	8

JULY-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Monday		1	9
2	Tuesday	Orientation Programme - Fit Vidyalyaya	2	10
3	Wednesday	College Re-opens for B.P.E.S, BPed & MPed - ODD Semester (First Year), Parents meeting, Deeksharambh – Student Induction Programme	3	11
4	Thursday	Deeksharambh – Student Induction Programme, Orientation programme – Experiential Learning Through Yoga Teaching Programme	4	12
5	Friday	Deeksharambh – Student Induction Programme Orientation programme – Experiential Learning Through Yoga Teaching Programme	5	13
6	Saturday	Deeksharambh – Student Induction Programme	6	14
7	Sunday	Deeksharambh – Student Induction Programme		
8	Monday	Deeksharambh – Student Induction Programme	7	15
9	Tuesday	Deeksharambh – Student Induction Programme	8	16
10	Wednesday	Deeksharambh – Student Induction Programme	9	17
11	Thursday	Deeksharambh – Student Induction Programme, Division of Groups for Intramural and Electing the Office Bearers, Intramural Committee Meeting	10	18
12	Friday	Deeksharambh – Student Induction Programme, Hostel Advisory Committee meeting, Purchase Committee Meeting	11	19
13	Saturday			
14	Sunday			
15	Monday	Internal Complaints Committee meeting, Education Development Day	12	20
16	Tuesday	Students Literary Association Election, Anti - Ragging Cell meeting, Orientation on Value added and Self-study Courses / SWAYAM/MOOC	13	21
17	Wednesday	Muharram		
18	Thursday	Sports Equipment Committee meeting	14	22
19	Friday	Inauguration of Students Literary Association and Intramural Tournaments, Swachh Bharat	15	23
20	Saturday	Research Orientation - Colloquium for MPed II year	16	24
21	Sunday	Guru Purnima		
22	Monday	In house discussions on current developments and issues in Physical Education	17	25
23	Tuesday	Students Counselling Cell meeting	18	26
24	Wednesday	Extension Services Committee meeting	19	27
25	Thursday	College Magazine Committee meeting, Anti-Discrimination Cell meeting	20	28
26	Friday		21	29
27	Saturday	Submission of Proposal List for Library Books- Faculty Members, Value added and Self-study Course classes begins		
28	Sunday			
29	Monday	NSS Office Bearers Meeting to plan activities – 2024-2025, Students and Faculty Exchange Programme	22	30
30	Tuesday	Students and Faculty Exchange Programme	23	31
31	Wednesday	Students and Faculty Exchange Programme	24	32
Total No. of Working Days =8+24=32			24	32

AUGUST-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Thursday	Submission of CIA I Test Question Paper, Energy Conservation Cell Meeting, Students and Faculty Exchange Programme	1	33
2	Friday	Swami Ramakrishnananda Jayanti, 1 st Project Track and Field Meet, Students and Faculty Exchange Programme	2	34
3	Saturday	Value added and Self-study Course classes		
4	Sunday			
5	Monday	NSS Inaugural Function	3	35
6	Tuesday	Alumni Association Office Bearers Meeting to plan activities – 2024-2025	4	36
7	Wednesday	ODD Semester - CIA-I Test	5	37
8	Thursday	ODD Semester - CIA-I Test	6	38
9	Friday	ODD Semester - CIA-I Test, Library Advisory Meeting	7	39
10	Saturday	Value added and Self-study Course classes		
11	Sunday	Alumni Meeting		
12	Monday	Intellectual Property Right (IPR) Cell meeting	8	40
13	Tuesday	All Vidyalaya rehearsal for Independence Day Celebrations	9	41
14	Wednesday		10	42
15	Thursday	Independence Day		
16	Friday	Value Education Programme, Submission and Display of CIA I Test Marks, Mentor Mentee meeting	11	43
17	Saturday	Value added and Self-study Course classes		
18	Sunday			
19	Monday	Swami Niranjanananda Jayanthi, Alumni interaction with Freshly enrolled students	12	44
20	Tuesday	Equal Opportunity Cell meeting,	13	45
21	Wednesday	Orientation programme on Effective use of learning apps in physical education and sports	14	46
22	Thursday	Orientation programme - Technology Use and Integration, Online Assessment Learning, Gender Sensitization Programme	15	47
23	Friday	Orientation programme - Method of organising various learning resources and developing ICT based learning situation, Alumni Engagement	16	48
24	Saturday	Value added and Self-study Courses		
25	Sunday			
26	Monday	Krishna Jayanthi		
27	Tuesday	Waste Management Cell meeting	17	49
28	Wednesday		18	50
29	Thursday	National Sports Day Celebrations	19	51
30	Friday	Value Education Programme, Swachh Bharat	20	52
31	Saturday	Value added and Self-study Course classes		
Total No. of Working Days =32+20=52			20	52

SEPTEMBER-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Sunday	Swami Advaitananda Jayanthi		
2	Monday	Internal Teaching Practice Orientation Programme, Swami Vivekananda Chicago Address - Recitation Competition	1	53
3	Tuesday	Extramural Committee meeting	2	54
4	Wednesday		3	55
5	Thursday	Teacher's Day Celebration	4	56
6	Friday	Second Project Track and Field Meet	5	57
7	Saturday	Vinayakar Chathurthi		
8	Sunday			
9	Monday	Alumni Engagement	6	58
10	Tuesday		7	59
11	Wednesday	Swami Vivekananda Chicago Address - All Vidyalaya Institutions' Recitation Competition	8	60
12	Thursday		9	61
13	Friday	Value Education Programme, Green Initiative Cell Meeting	10	62
14	Saturday	World First-aid Day		
15	Sunday			
16	Monday	Milad-un-Nabi		
17	Tuesday	ODD Semester - CIA-II Test	11	63
18	Wednesday	ODD Semester - CIA-II Test	12	64
19	Thursday	ODD Semester - CIA-II Test	13	65
20	Friday	State level Workshop cum officiating Examination	14	66
21	Saturday	SRMV Maruthi College of Physical Education Foundation Day	15	67
22	Sunday			
23	Monday	National Volleyball Day	16	68
24	Tuesday		17	69
25	Wednesday	Mentor Mentee meeting	18	70
26	Thursday	Swami Abhedananda Jayanthi, IQAC Meeting (First Quarter)	19	71
27	Friday	Value Education Programme, Swachh Bharat	20	72
28	Saturday	Baghat Singh Birth Day	21	73
29	Sunday			
30	Monday		22	74
Total No. of Working Days =52+22=74			22	74

OCTOBER-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Tuesday		1	75
2	Wednesday	Gandhi Jayanthi - International Day of Non-Violence		
3	Thursday		2	76
4	Friday		3	77
5	Saturday	Leadership Training Camp, NSS Camp and Village Placement programme begins Workshop on Different School System , School visit– State/Matriculation/CBSE/ICSE/ Kendriya Vidyalaya	4	78
6	Sunday			
7	Monday	Orientation for internship BPED	5	79
8	Tuesday		6	80
9	Wednesday	Leadership Training Camp, NSS Camp and Village Placement programme – ends	7	81
10	Thursday		8	82
11	Friday	Ayutha Pooja		
12	Saturday	Vijaya Dasami		
13	Sunday			
14	Monday	Internship-Teaching Practice BPED (Begins)	9	83
15	Tuesday	Youth Awakening Day (Dr. Abdul Kalam Birthday)	10	84
16	Wednesday	Library Advisory Committee Meeting	11	85
17	Thursday	Workshop on, 'Research Article writing for students and scholars'	12	86
18	Friday	Value Education Programme, Swachh Bharat in house	13	87
19	Saturday			
20	Sunday			
21	Monday	Grievance Redressal Cell Meeting	14	88
22	Tuesday		15	89
23	Wednesday		16	90
24	Thursday	Peer feedback on game of Specialization (MPED)	17	91
25	Friday	Value Education Programme	18	92
26	Saturday			
27	Sunday			
28	Monday		19	93
29	Tuesday	Internship-Teaching Practice for BPED (Ends)	20	94
30	Wednesday			
31	Thursday	Deepavali		
Total No. of Working Days =74+20=94			20	94

NOVEMBER-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Friday		1	95
2	Saturday			
3	Sunday			
4	Monday	Internal Practical Examination	2	96
5	Tuesday	External Practical Examination	3	97
6	Wednesday	External Practical Examination	4	98
7	Thursday	Odd Semester Model examinations	5	99
8	Friday	Odd Semester Model examinations	6	100
9	Saturday	Odd Semester Model examinations	7	101
10	Sunday			
11	Monday	National Education Day Last working day for ODD Semester Odd Semester Model examinations	8	102
12	Tuesday	Odd Semester Model examinations		
13	Wednesday	Value Added Course examination		
14	Thursday	National Library week		
15	Friday	End Semester examination		
16	Saturday	End Semester examination		
17	Sunday			
18	Monday	End Semester examination		
19	Tuesday	End Semester examination		
20	Wednesday	End Semester examination		
21	Thursday			
22	Friday			
23	Saturday			
24	Sunday			
25	Monday			
26	Tuesday			
27	Wednesday			
28	Thursday	ODD Semester Result Passing Board Meeting		
29	Friday			
30	Saturday			
Total No. of Working Days =94+8=102			8	102

DECEMBER-2024

Date	Day	Programme	Working days in a Month	Total working days
1	Sunday			
2	Monday	Time table committee Meeting		
3	Tuesday			
4	Wednesday	Even Semester Reopening, Hostel Advisory Committee meeting	1	1
5	Thursday	UGC NET Coaching classes - begins	2	2
6	Friday		3	3
7	Saturday			
8	Sunday			
9	Monday	UGC NET Coaching classes – Ends / Swami Premananda Jayanthi	4	4
10	Tuesday	Human Rights Day, Alumni Engagement	5	5
11	Wednesday	Career Guidance and Placement Cell, Subramania Bharathiar Birth Day	6	6
12	Thursday	Unnat Bharat Abhiyan - Village Survey	7	7
13	Friday	Value Education Programme	8	8
14	Saturday	Energy Conservation Day, Orientation Programme on Energy Conservation for students, Energy Conservation Cell Meeting	9	9
15	Sunday			
16	Monday		10	10
17	Tuesday	Purchase Committee meeting	11	11
18	Wednesday	Equal Opportunity Cell Meeting	12	12
19	Thursday	IQAC Meeting (Second Quarter)	13	13
20	Friday	Swachh Bharat	14	14
21	Saturday	World Basketball Day		
22	Sunday	Holy Mother Sri Sarada Devi Jayanthi		
23	Monday	Field visit for Outgoing students	15	15
24	Tuesday	Anti-Ragging Cell Meeting, Anti-Discrimination Cell Meeting	16	16
25	Wednesday	Christmas		
26	Thursday	Swami Shivananda Jeyanthi	17	17
27	Friday	Value Education Programme	18	18
28	Saturday		19	19
29	Sunday			
30	Monday		20	20
31	Tuesday		21	21
Total No. of Working Days =21			21	21

JANUARY-2025

Date	Day	Programme	Working days in a Month	Total working days
1	Wednesday	New Year, Kalpatharu Day		
2	Thursday		1	22
3	Friday		2	23
4	Saturday		3	24
5	Sunday	Gurupuja Celebration, Swami Saradananda Jayanti		
6	Monday		4	25
7	Tuesday		5	26
8	Wednesday		6	27
9	Thursday	Alumni Engagement	7	28
10	Friday	National Youth Day, Third Project Track and Field Meet	8	29
11	Saturday			
12	Sunday	Swami Turiyananda Jayanthi		
13	Monday		9	30
14	Tuesday	Pongal		
15	Wednesday	Thiruvalluvar Day		
16	Thursday	Uzhavar Thirunal		
17	Friday	Value Education Programme, Swachh Bharat	10	31
18	Saturday		11	32
19	Sunday			
20	Monday		12	33
21	Tuesday	CIA-I Test - EVEN Semester, Swami Vivekananda Jayanthi	13	34
22	Wednesday	CIA-I Test - EVEN Semester	14	35
23	Thursday	CIA-I Test - EVEN Semester, National Unity Day - Nethaji Subash Chandra Bose Birthday	15	36
24	Friday	Republic Day Rehearsal	16	37
25	Saturday	National Voters' day		
26	Sunday	Republic Day		
27	Monday	Alumni Engagement	17	38
28	Tuesday		18	39
29	Wednesday	PG Internship Begins	19	40
30	Thursday		20	41
31	Friday	Play Festival Activities at Schools Begins, Swami Brahmananda Jayanthi	21	42
Total No. of Working Days =21+21=42			21	42

FEBRUARY-2025

Date	Day	Programme	Working days in a Month	Total working days
1	Saturday	Mentor Mentee meeting	1	43
2	Sunday	Swami Trigunatitananda Jayanthi		
3	Monday	Vidyalaya Foundation Day & Alumni Meeting	2	44
4	Tuesday		3	45
5	Wednesday		4	46
6	Thursday		5	47
7	Friday	Value Education Programme	6	48
8	Saturday			
9	Sunday			
10	Monday		7	49
11	Tuesday		8	50
12	Wednesday	Students Admission Committee Meeting	9	51
13	Thursday	PG Internship Ends, Swami Adbhutananda Jayanthi	10	52
14	Friday	Play Festival Physical Activities Demonstration	11	53
15	Saturday		12	54
16	Sunday	Alumni Association Meeting		
17	Monday		13	55
18	Tuesday		14	56
19	Wednesday		15	57
20	Thursday	Intellectual Property Right (IPR) Cell meeting	16	58
21	Friday	Swachh Bharat, Fourth Project Track and Field Meet	17	59
22	Saturday			
23	Sunday			
24	Monday		18	60
25	Tuesday		19	61
26	Wednesday	National Conference/ Seminar	20	62
27	Thursday	National Conference/ Seminar	21	63
28	Friday	Value Education Programme	22	64
Total No. of Working Days =42+22=64			22	64

MARCH-2025

Date	Day	Programme	Working days in a Month	Total working days
1	Saturday	Bhagavan Sri Ramakrishna Jayanthi	1	65
2	Sunday			
3	Monday	CIA-II Test EVEN Semester	2	66
4	Tuesday	CIA-II Test EVEN Semester	3	67
5	Wednesday	CIA-II Test EVEN Semester	4	68
6	Thursday	Annual Day Group Division	5	69
7	Friday		6	70
8	Saturday			
9	Sunday			
10	Monday	Placement Activities – Career guidance programme	7	71
11	Tuesday		8	72
12	Wednesday		9	73
13	Thursday	Mentor Mentee meeting	10	74
14	Friday	Value Education Programme, Swachh Bharat	11	75
15	Saturday		12	76
16	Sunday			
17	Monday		13	77
18	Tuesday	Swami Yogananda Jayanthi	14	78
19	Wednesday		15	79
20	Thursday		16	80
21	Friday	Value Education Programme	17	81
22	Saturday			
23	Sunday			
24	Monday	Research Advisory Committee Meeting, World Kabaddi Day	18	82
25	Tuesday	Campus Interview	19	83
26	Wednesday	IQAC Meeting (Third Quarter)	20	84
27	Thursday		21	85
28	Friday	Annual Day Celebrations	22	86
29	Saturday			
30	Sunday	Telugu New Year,		
31	Monday	Idul Fitr		
Total No. of Working Days =64+22=86			22	86

APRIL-2025

Date	Day	Programme	Working days in a Month	Total working days
1	Tuesday		1	87
2	Wednesday		2	88
3	Thursday	Pre – Board of Studies Meeting – 2025-2026	3	89
4	Friday		4	90
5	Saturday	Internal Practical Examinations	5	91
6	Sunday			
7	Monday	Internal Practical Examinations	6	92
8	Tuesday	External Practical Examinations	7	93
9	Wednesday	External Practical Examinations	8	94
10	Thursday	Mahavir Jayanti		
11	Friday		9	95
12	Saturday	Model Examinations - EVEN Semester	10	96
13	Sunday			
14	Monday	Model Examinations - EVEN Semester	11	97
15	Tuesday	Model Examinations - EVEN Semester	12	98
16	Wednesday	Model Examinations - EVEN Semester	13	99
17	Thursday	Model Examinations - EVEN Semester - Last working day for Even Semester, Students Feedback	14	100
18	Friday	Good Friday		
19	Saturday			
20	Sunday	Easter		
21	Monday			
22	Tuesday	Grievance Committee Meeting, End Semester Examination - EVEN Semester		
23	Wednesday	End Semester Examination - EVEN Semester, World Table Tennis Day		
24	Thursday	End Semester Examination - EVEN Semester, World Cricket Day		
25	Friday	End Semester Examination - EVEN Semester		
26	Saturday	End Semester Examination - EVEN Semester		
27	Sunday			
28	Monday			
29	Tuesday	Board of Studies meeting – 2025-2026		
30	Wednesday			
Total No. of Working Days =86+14=100			14	100

MAY-2025

Date	Day	Programme	Working days in a Month	Total working days
1	Thursday	May Day		
2	Friday			
3	Saturday			
4	Sunday			
5	Monday			
6	Tuesday	Examination Committee Meeting, Result Passing Board Meeting		
7	Wednesday			
8	Thursday			
9	Friday	Academic Council Meeting – 2025-2026		
10	Saturday			
11	Sunday			
12	Monday	Preparation of Time Table		
13	Tuesday	Preparation of Academic Calendar		
14	Wednesday	Allotment of Theory, Practicum and Internship Courses		
15	Thursday			
16	Friday			
17	Saturday			
18	Sunday			
19	Monday			
20	Tuesday			
21	Wednesday			
22	Thursday			
23	Friday			
24	Saturday			
25	Sunday			
26	Monday			
27	Tuesday			
28	Wednesday			
29	Thursday			
30	Friday			
31	Saturday	IQAC Meeting (Fourth Quarter)		

COMMON ACTIVITIES

S. No	Name of the activities	Date/Day
1	Mentor Mentee meeting	As and when needed
2	Value Education Programme	Every Month of second & Fourth Friday
3	Swachh Bharat / Swachh Vidyalaya	Every Month of third Friday
4	Deeksharambh – Student Induction Programme (SIP)	04 – 16th July 2024
5	Intramural Competitions	Every Wednesday (3.30 pm – 6.00 pm)
6	Internship - Teaching Practice BPED	Every Tuesday Friday
7	Unnat Bharat Abhiyan	As and when needed
8	Care and maintenance of play fields	As and when needed
9	Field Visit for outgoing students	As and when needed
10	Educational Exhibition	Dec-2024
11	Outreach activities	As and when needed
12	Experiential learning through yoga teaching programme for PG teacher trainees	Monday to Friday (6.00 am – 6.30 am)
13	Facilitating Inclusive Physical Education	As and when needed
14	Online teaching for Part IV courses	Every Monday & Friday (2.30 pm - 3.30 pm)
15	Fit Students, Fit Nation for BPES III & MPED	Every Thursday (3.30 - 4.30 pm)
16	Alumni Engagement	As and when needed

ORGANIZATION OF IMPORTANT EVENTS AND PROGRAMMES

S.No	Name of the programme	Date
1	International Day of Yoga	21 st June 2024
2	Selection trials for BPED	14 th June 2024
3	Selection trials for BPES and MPED Programmes	24 th June 2024
4	International Day against Drug Abuse	26 th June 2024
5	The Orientation Programme for Fit students, Fit nation	28 th June 2024
6	Parents meeting	3 rd July 2024
7	Workshop on Communication Skills	16 th July 2024
8	Electing the Intramural Committee Office Bearers and Students Literary Association Election	10 th July 2024
9	Students and Faculty Exchange Programme	29 th July to August 2 nd 2024
10	First project track and field meet	3 rd Aug 2024
11	NSS inaugural programme	5 th Aug 2024
12	78 th Independence Day celebration	15 th Aug 2024
13	Major Dhyanchand's birthday, National Sports Day	29 th Aug 2024
14	Teachers Day Celebration	5 th Sep 2024
15	Second project track and field meet	6 th Sep 2024
16	Green Initiatives Cell Meeting	13 th Sep 2024
17	Tamil Nadu Physical Education and Sports University inter-collegiate tournaments	23 rd - 25 th Sep 2024
18	Leadership training camp	30 th Sep – 4 th Oct 2024
19	Workshop on Different School System	5 th Oct 2024
20	Workshop on Article writing for students and scholars	17 th Oct 2024
21	Unnat Bharat Abhiyan - Village Survey	12 th Dec 2024

S.No	Name of the programme	Date
22	Orientation Programme on Energy Conservation for students	14 th Dec 2024
23	State level Workshop cum officiating examination	20 th & 21 st Dec 2024
24	Third Project Track and Field Meet	10 th Jan 2025
25	Republic Day Celebration	26 th Jan 2025
26	Play Festival Physical Activities Demonstration	14 th Feb 2025
27	Fourth Project Track and Field Meet	21 st Feb 2025
28	National Conference/ Seminar	25 th & 26 th Feb 2025
29	Placement Activities - Orientation	10 th Mar 2025
30	Annual Day Celebrations	28 th Mar 2025

CLASS TEACHERS

BPES - I	Dr. K. Tamizhmaran
BPES - II	Dr. V. Balamurugan
BPES - III	Dr. M. Srinivasan
BPEd - I	Dr. P. Senthilkumar
BPEd - II	Dr. A. Needhiraja
MPed - I	Dr. T. Thangamani
MPed - II	Dr. V. Saminathan

Value Added and Self-Study Courses

Fundamental moves in Aerobics	Dr. A. Needhiraja
Therapeutic Yoga	Dr. E. Amudhan & Dr. T. Thangamani
Basic Skills and Officiating in Tennis	Dr. M. Srinivasan
Fitness and Wellness Management	Dr. V. Saminathan
Kalaripayattu	Dr. P. Senthilkumar
Weight Lifting and Power Lifting	Dr. V. Balamurugan
Essentials of Soft Skills	Sri R. Thennarasu
Scholarly Publication	Dr. A. Velayutham

Online Courses	
SWAYAM / MOOC	Dr. M. Srinivasan & Dr. V. Balamurugan
Intramural & Extramural Director	
Intramural	Dr. M. Srinivasan
Extramural	Dr. T. Thangamani
Theoretical and Practicum Coordinators	
Theoretical	Dr. A. Needhiraja
Practicum	Dr. V. Balamurugan
Synchronized Physical Activities Coordinators	
Synchronized Physical Activities	Dr.T.Thangamani & Dr. K. Tamizhmaran
Village Placement Programme and Internship Coordinators	
Village Placement Programme	Dr.P.SenthilKumar
Internship	Dr. V. Saminathan

Internship UG (B.P.Ed.) and PG (M.P.Ed.)

S.No.	Name of the programme	Day/Date
1	Orientation programme on Effective use of learning apps in physical education and sports	21 st Aug 2024
2	Orientation programme on Technology Use and Integration, Online Assessment Learning	22 nd Aug 2024
3	Orientation programme on "Method of organising various, learning resources and developing ICT based learning situation"	23 rd Aug 2024
4	Internship at schools (BPED)	14 th -29 th Oct 2024
5	Internship - MPED	29 th Jan – 13 th Feb 2025
6	Village Placement Programme	29 th Jan – 3 rd Feb 2025
7	Synchronized Physical Activities (BPED)	31 st Jan – 14 th Feb 2025

Examinations

ODD Semester	
CIA - I	7 th - 9 th Aug 2024
CIA - II	17 th - 19 th Sep 2024
Internal Practical Examination	4 th Nov 2024
External Practical Examination	5 th & 6 th Nov 2024
Model Examination	7 th – 12 th Nov 2024
End Semester Examination	15 th – 20 th Nov 2024

EVEN Semester	
CIA - I	21 st - 23 rd Jan 2025
CIA - II	3 rd - 5 th Mar 2025
Internal Practical Examination	5 th & 7 th Apr 2025
External Practical Examination	8 th & 9 th Apr 2025
Model Examination	12 th - 17 th Apr 2025
End Semester Examination	22 nd - 26 th Apr 2025

Value Added and Self-Study Courses

Fundamental moves in Aerobics	13 th Nov 2024
Therapeutic Yoga	13 th Nov 2024
Basic Skills and Officiating in Tennis	13 th Nov 2024
Fitness Management	13 th Nov 2024
Kalaripayattu	13 th Nov 2024
Power Lifting & Weight Lifting	13 th Nov 2024
Essentials of Soft skills	13 th Nov 2024
Scholarly Publication	13 th Nov 2024



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